



Pride Guide

Come join us
to celebrate all
things LGBTQIA+

- City Centre March
- Music and Entertainment
- Stalls
- Makers Market
- Street Party
- Art exhibition
- Question Time
- And Loads More!

Saturday 30th July 2022

M R E
S P A E
M K S
S N S E

Get some space in your life.



The Tippy Vegan, 68-70 St Benedicts St,
Norwich, NR2 4AR, United Kingdom

THE TIPPY VEGAN WAVING OUR RAINBOWS WITH PRIDE

At **The Tippy Vegan**, celebrating Pride is a special thing for us. One of our top values is ensuring a safe environment for each person who steps into our restaurant, whether they're a member of staff, a customer or even your fluffy friend.

To support Norwich Pride we will have a VERY SPECIAL **Pride Cocktail** being shaken up. Every penny raised from those cocktails that weekend will be donated to Norwich Pride.

We will also be serving our delicious small plates, including crowd favourites **Arancini, Sliders, Tacos & Mac N Cheese**.

Come and celebrate Pride and get Tippy with our team on the 30th & 31st of July.

Welcome to the 14th Pride Guide!

We're so happy to be back in the city centre this summer, we've really missed you all. We can't wait to march through the streets of Norwich, together again at last.

Norwich Pride 2022 is going to be an explosion of LGBTQIA+ queerness and joy – **and we all deserve it!**

We are excited to share the day with you, come and enjoy it all – it's all free and you are so welcome.

This year it's going to be bigger and better than ever – We're closing Theatre Street all day for an epic street party, there will be a Makers Market in Chantry car park and a brilliant Art exhibition in The Assembly House. We have a really diverse range of stalls in The Forum and in Chapelfield Gardens, and three stages – the Marsha P Johnson stage, headlined by Daniel Molyneaux and Grace Petrie, the Wendy Carlos Stage, headlined by Kimberley Moore and Sue Lane in the Tracy Chapman Live Lounge.

A word from the Chair of Trustees, Nick O'Brien

In recent years we've been happy to march at Pride in celebration of things moving forward, in terms of legislation, public attitudes and lived experiences. For the first time this summer many of us will feel worried that this is no longer the case.

Perhaps this idea of progress and freedom was more fragile and uneven than we thought. The disgraceful and systematic attacks on Trans rights are of huge concern and we must stand together as a community against this, as we did in April this year on the steps of City Hall.

We stand together because we are in total solidarity with our trans siblings and also because if trans rights are lost, all of our rights could be under attack next from the same people.

Our commitment to liberation and queer joy is stronger than ever today, have a great time at pride but also – more than ever – remember why we are here.

Stay proud.
Nick



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Norwich Pride recently voted to adopt a more inclusive acronym – LGBTQIA+ - it means Lesbian, Gay, Bisexual, Transgender, Queer, Questioning, Intersex and Asexual +

SEE SOMETHING
HEAR SOMETHING
SAY SOMETHING



There's no excuse for abuse.
Everyone has the right to live their
life free from abuse and harm.

Help a friend or family member access
support by calling **0344 800 8020**
In an emergency call Police on **999**
www.norfolksafeguardingadultsboard.info



NSAB & NCCSP is proud
to support Norwich Pride

Come find us at our stand for more information

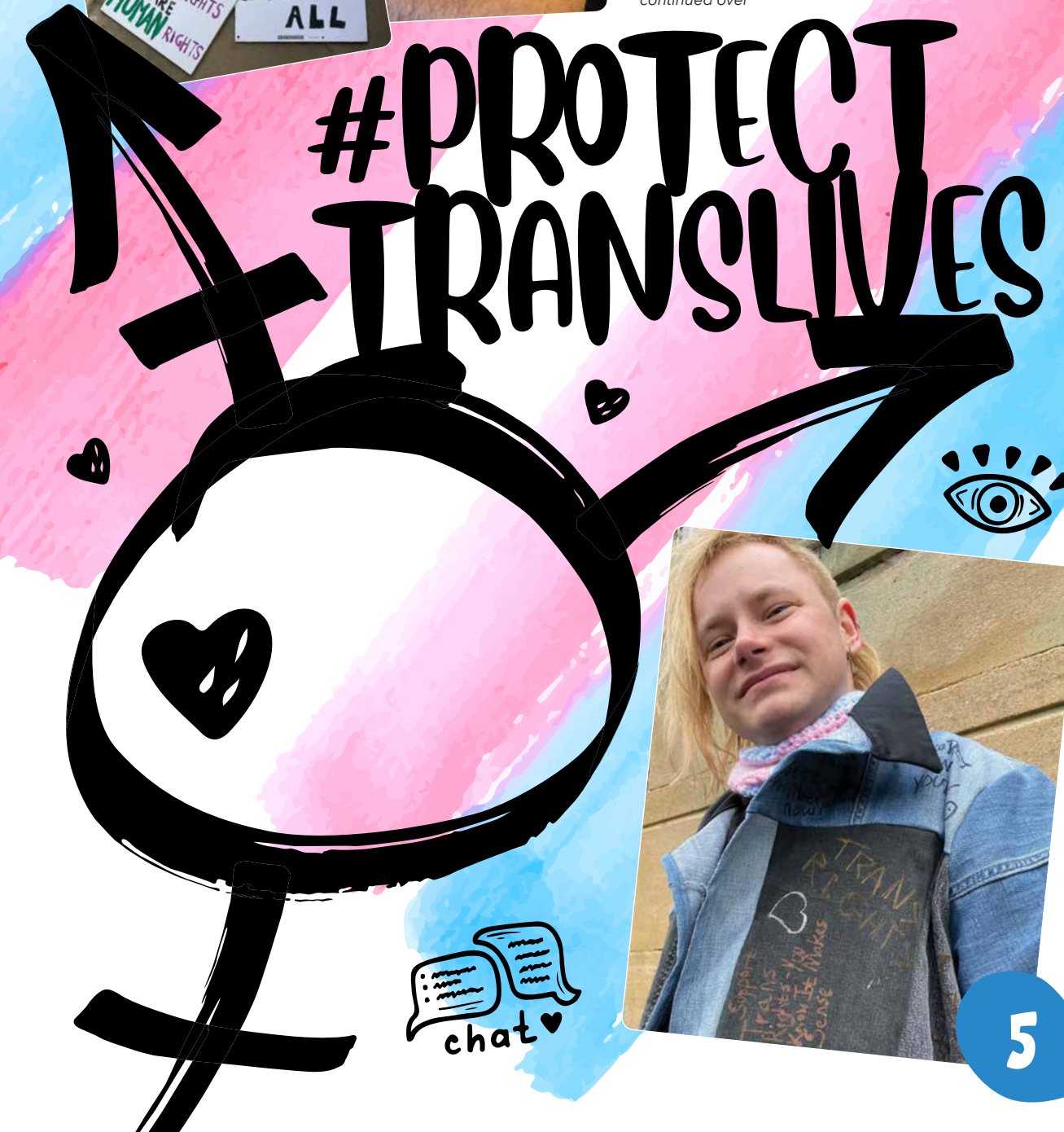


Trans activists Andrew Copeman and Charlie Caine have been busy this past year - organising events for Trans Day of Remembrance and Trans Day of Visibility, as well as being key speakers at the #ProtectTransLives protest in April.

Pride Guide checked in with them to see how they are feeling about the world right now. Firstly, what are they most looking forward to at this year's Norwich Pride?

Andrew Tough question! The air always seems to take on an almost magical feeling - like our city, our festivities and march, become the focus of the entire world and the energy is so intense it's palpable. Sun or rain, the experience is always special.

continued over





Charlie: I'm looking forward to performing with Sing With Pride and to seeing other LGBTQIA+ performers - particularly those who are local to Norwich.

Charlie is a composer, lyricist, arranger and musical director working in musical theatre. He's the musical director and writer for Sing With Pride as well as The Common Lot theatre company. "I'm also a political campaigner and activist, my political campaigning is around all sorts of issues, with - at least at the moment - a big focus on LGBTQIA+ rights."

Andrew runs a social enterprise called Growing Roots Community LTD, which is dedicated to human rights advocacy, primarily LGBTQIA+ rights and trans rights in particular. "I'm really keen to uplift my community and bring about positive change through action and creativity, both mine, and others who are often denied platforms due to prejudice."

Both were heavily involved in organising Trans Day of Remembrance (TDOR) which included speeches, poetry and song, and Trans Day of Visibility (TDOV) which included an art exhibition and performance of the work of local trans people. Here's what they both had to say in response to some Pride Guide questions -

Q: Tell us a bit about TDOR and TDOV which you helped organise.

Charlie: There's an incredible amount of talent in our community and it was really lovely to see trans people feel confident enough to get involved and perform their own work.

Andrew: We organised a protest for Trans Day of Remembrance - with a great turnout! We always get fantastic speeches, it's important for people to feel they have a voice that's being heard. For Trans Day of Visibility, we had a creative exhibition of performances and art of every kind, including comedy, music, prose readings, fine art and textile art.

Q: There's a really good blend of protest and creativity in your activism. How important is that to you?

Andrew: Thanks! We believe that the arts can generate real change and offers a window into the true state of the country. For us the two can't be separated - without the creativity to have a vision for a better future, to problem solve, and to get a message out to people in a way that they can engage with, you won't make any progress.

Charlie: It's extremely important to me. Creativity can be useful in so many ways in protest and in liberation: it brings our community together, it shows we're more than those that demean us would like you to believe - we are artists and poets, playwrights and song writers. Performances can really

get to the emotional heart of the issues we face in a way I don't think is always possible with speeches and articles. When we're protesting the injustices which we face, we need to come together as one voice. It is the unity of the many which can overcome the oppression of the few - and this is exactly what you do when you perform - you come together, you work together in unity to achieve a goal. Creativity is key to political activism.

Q: What's it like to be trans in 2022?

Charlie: It's exhausting. Whilst I believe the vast majority of people are not transphobic, there is a concerted campaign by a vocal minority who have access to the levers of power. A failing Government is trying to weaponise so-called 'culture war' issues to distract from their ineptitude. The majority of the media spends much of its time spreading dangerous lies about trans people. To those that aren't trans, I'd say try to imagine how it feels to be bombarded with fictitious headlines every day saying you are a predator, your human rights are a danger to the fabric of society, that the facilities you use should be segregated for 'the protection of women and children'.

Some people won't have to imagine - these same lies have been weaponised against countless minorities: gay people, black people, Muslims, Travellers, just to name a few. It will end and we will beat them, but it's exhausting seeing it play out day in, day out. Even here in Norwich, recently a hate group has started organising under the banner of 'Norwich Women's Rights Network'. They have posted transphobic literature through people's doors and on cars. They have posted transphobic stickers around Norwich - trans people have received those leaflets, we've seen those stickers. It makes you worry for your safety. This is playing out on our own doorsteps, and it is imperative that a welcoming and progressive city like Norwich stands up to this campaign of hatred and bigotry.

Andrew: It's kind of exhausting, and complicated. Every day the government and media bring new discriminations to our door, while the general public are more welcoming than ever. The days of plodding along are long gone now that there's a hateful spotlight on us, while the feeling of real liberation seems to grow stronger (or at least more attainable!).

Q: How can cis people be good trans allies?

Andrew: Stop listening to the mainstream media for one - it's full of unresearched fear mongering! You can also listen to the things trans people and health organisations have to say, consider how your words and actions affect others, and reflect on how you view the world; it's much more diverse and complex than many people know.

Charlie: One message I like to send to allies is to understand that 'allyship' isn't a noun. It is not a label you give yourself and do nothing more. It isn't just a trans flag on your social media. You need to get actively involved: educate yourself, read the words of trans people and share those words. Think about the ways in which you personally can make trans people's lives better. Is your workplace actively inclusive? If not, work to make sure it is. Are you a part of a union? If so, make sure they are campaigning for the rights of trans people in the workplace. Come to our protests, stand beside us in solidarity. Whilst it shouldn't matter whether you are personally affected or not, it is worth remembering that the campaign

against trans rights is part of a global backlash against all LGBTQ+ rights and women's rights. It is led by fundamentalist Christians in the US where the same people coming for trans people's rights to healthcare are also coming for abortion rights and gay rights. Be a part of the movement against this. I'd also like allies to think carefully about the language they use. Trans people are often described as 'the trans debate' or 'transgender issues'. These kinds of phrases are designed to dehumanise us - I am not an issue, I am not a debate, I am a human being. When allies don't stand against (or even sometimes use) these phrases they are actively participating in the dehumanisation of trans people. Besides, when the 'debate' is "are trans women a danger to cis women?" The clear answer is no. When the issue is "do trans children deserve access to life-saving medical care?", the clear answer is yes. Please don't get involved in these pointless debates. Don't legitimise them. You don't stop oppression by making it seem reasonable, you stop it by standing in solidarity with those being oppressed.

Q: What can Norwich Pride do to ensure we are as trans-inclusive and trans-affirmative as possible?

Charlie: Actively involve trans people - which I do think is happening. I'm very glad we have the Trans Advisory Group - as well as the other advisory groups which are all integral to making Norwich Pride as inclusive as possible. It's so important that all our Prides face the climate of transphobia head on. That we make standing up for trans people's liberation integral to both Pride Day and the campaigning we do



all year round. Pride was originally a protest ... and there is still so much to protest we can't let go of our radical roots!

Andrew: Continue to keep us in the forefront of your minds and uplift our voices; we're experiencing many of the difficulties that other LGBTQIA+ minorities faced decades ago, but hopefully we can put a stop to it before it goes too far. We have more tools at our disposal now than ever!

Q: What message would you give to your teenage self?

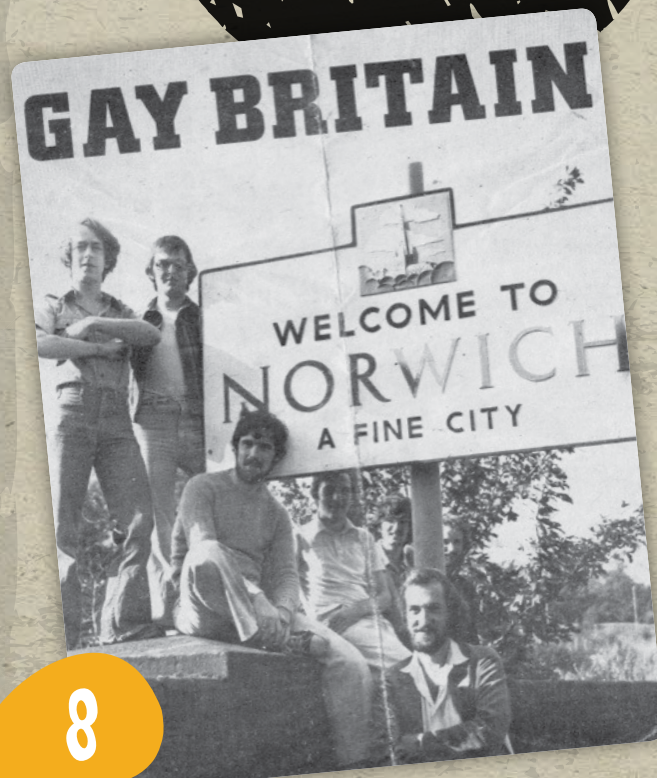
Andrew: The same I would give to anyone else: Things can get better if you work at it, which you will. Positive change rarely comes out of thin air!

Charlie: Be proud and live your truth. I transitioned young, but I spent a long time living what trans people call "stealth" - where you don't tell anyone you have transitioned. In doing so I feel like I was living in another kind of closet. Being openly trans has allowed me to fully live my truth, to be a role model to others and to show cis people we aren't so scary after all.

About the TAG

The Trans Advisory Group is part of Norwich Pride, we advise the team on how to be more inclusive and accessible to gender diverse people and help to organise events and projects. We also engage with our community on the issues we face, for example in conjunction with the entire pride team we organised a protest against the exclusion of trans people from the conversion therapy ban, and we regularly seek solutions to the problems that come up in Norwich and nationally. If a member of the group has a concern about something, we all have a concern about it. Our focus is to work together towards resolutions and to uplift our community. The TAG can be joined by emailing info@norwichpride.org.uk for links or by searching for TAG Norwich on Facebook, we also have a discord server for those who aren't on social media and if you'd like to follow the group on twitter our handle is [norwichtag](https://twitter.com/norwichtag). The feedback we provide, and activities we do, cover a huge range of subjects with the aim of helping pride continue to progress and support everyone in our community, and we welcome new people to the group!





YEARS OF PRIDE

Norwich Pride Patron David Shenton looks at the history of Pride in the UK from a personal perspective, in conversation with Sophie Skyring

Sophie writes -

As we are in the 50th year of Pride in the UK, it's important to remember the people who proudly marched in smaller numbers in the past - their bravery has given us the chance to shout and cheer about our beautiful queerness in numbers that grow year on year.

As a queer person living in Norwich, it is very easy for me to find a group of friends that I feel I belong in. The city, for the most part, is bursting at the seams with acceptance and that is truly great. With the opportunities and open doors, it is easy to forget



that it wasn't always like this. For every person in Norwich who is out and proud, there is a queer person who waved the flag for us at earlier Pride events no matter what, so that we could one day be the proud city we are today.

I had the chance to meet with David Shenton, who is one of the most loved gay people in our city. David, now 73 remembers some of the earlier London prides and how he

felt as a young person who was out attending them.

David knew he was a gay man quite early on. He was 18 when he had a steady boyfriend, he was happy and was comfortable with who he was. He said:

"Decriminalisation came in in 1967, it meant that you had to be 21 to be gay - this meant that I immediately became a minor. If we were found out, my boyfriend would have been sent to prison for 10 years - it made no sense! I could vote, and get married, but I couldn't be gay. The pressure from the Police went up no end, there were so many more arrests after decriminalisation. That period was very tough - this was before Pride had even started, and it made me grow up very quickly."

David is very proud to have fought for equal marriage throughout the whole process. He sadly lost his husband in 2019, but together they did fight for what was right. He said:

"We followed equal marriage through start to finish, during the AIDS crisis, if a couple lived together and one of them died from HIV AIDS there was no legal connection, the family could just walk in and take the house away because there was nothing to join those people together."

David remembers taking out a Tesco Clubcard with his partner, as they were not gendered, he said although this was nothing official, it was meaningful as something that had both their names on it.

In 2001, David and his partner were able to get a Civil Partnership and in 2005 they could get married. David said:

"We did all that, and I am so proud to be able to say that."

Before David moved to attend art school, he did have Pride experiences which he has very fond memories of -

"We had our own group in Norwich, we weren't even allowed to use the word homosexual. Nevertheless, we went on a trip to go to Pride in 1974, we were a bit too nervous to get involved so we stood and watched from a distance from the pavement on Oxford Street."

The first Pride event David joined in with was in 1975, he then went every single year following that. He has fond memories of everyone who attended Pride fitting into the Royal Festival Garden, which is a small space. He said:

"There was a stage show where usually someone like Lesley Felix would be performing."

He also remembers a Mississippi steamboat coming down the Thames with an American Drag Queen singing on top of it. Talking about how London Pride evolved David said:

"I think it had to evolve because more people were out. It was just gay pride to start off with, now our rainbow has so many other colours. The amount of people who have come out as something that is different from straight is wonderful."

David lived in London from 1990-2012. When he moved away from Norwich there had never been a Pride in the city, but when he returned, he found out it was up and running and he said he immediately fell in love with it.

So, what makes Norwich Pride such an important event for David? -

"Norwich Pride is lovely because people bring their families. It's a wave of nostalgia, we walk down the streets among the shoppers, and we go along Bedford Street, which is all cobbled, mingling with everyday people it just works wonders for me."



In recent years it has been lovely to see that more and more young people are coming out to wave their flag and use the opportunity given to us by people like David and the Pride team to make sure all queer voices are heard. David said:

"I feel honoured that there are so many youngsters getting involved. We laid the foundations so that young people can now come forward and say, 'This is what we want' and it's incredible that I get to be there and be supportive"

David is very much looking forward to an in-person Pride event this year. For the young people who are just discovering who they are, David has this message:

"I wasn't brave enough to join in the first time I saw Pride, if you can't face doing it this year, it will be here next year, and the next, and forever."

For people that maybe do not feel as lucky and as accepted as me and David are today, we both want to share that you get to choose your family. David said:

"Pride is a family, if you want a family, we are waiting for you."

I am a huge fan of this fine city, and David feels the same, Norwich Pride truly paves the way for Pride events everywhere. David said:

"I think Norwich Pride is one of the best in the country, it's such a special day and it's just the right size, you feel part of it, and you can shout your head off, you feel like an individual person not just a unit and the party at the park is brilliant"

This is something I have felt, I am lucky to have been given the space and time to determine who I am, I have found support like no other in this city and I am so proud to stand here now, writing this article, to be a part of this incredible story in our city.

I hope that everyone gets involved and I hope that parents attending with their LGBTQIA+ children this year realise just how special their kids are. We can do anything, it is incredible to be able to stand tall and say "this is who I am" - let's celebrate that, let's celebrate the people in this city, and let's make sure everyone can hear us!!

For the people who plan on painting the streets rainbow at this year's event, David says:

"Really enjoy yourself and shout your heads off! Just show people you are out, and you are happy, and you mean it and you are not going back in."

Q and A

Queen B!

Bernice Fair Graham talks to Norwich Pride about 30 years of running LGBTQIA+ venues in Norwich

Q When did you first take over the loft?

A I first went to the loft in November 1990, it used to be called The Caribbean Rooms, an LGBTQIA+ venue, which Peter bought after the previous owner passed away. My first experience of the Norwich gay scene was a leather fetish night! I didn't know what I would find upstairs, but I got over my nerves and went in. One night Peter needed a hand with running the place, and as I could barely see over the bar, or reach the glasses, it was clear I couldn't serve drinks - so I settled into running the cloakroom, which was a great spot for people-watching, and getting to know the regulars. I soon became the 'cloakroom counsellor' for all the regulars.

By early 1992 Peter had handed over the running of the club to me full time, I moved the glasses under the bar, so I could serve drinks and be the host I'd been dreaming of.

Q You must have so many stories from your time there.

A Oh yes, there are so many stories I could tell you... one story that always makes me smile is about decorating, which I love to do - Peter let me do as I pleased with the décor, so one time I decided to revamp the dancefloor, I fancied making it silver and glittery, so after we closed on a Sunday night, we started painting coat after coat of grey paint over the black walls and bought some amazing glitter spray. What I thought was going to take a couple of days took until about an hour before we re-opened on the Thursday night, we were exhausted, but really proud of how sparkly it was - that night we had the Dame Edna Experience performing, she was so funny and so talented - I was really proud to have a freshly decorated club for her to perform in, but after two songs she stopped the show, and over the heads of all the people on the dance floor said 'Bernice, what on earth have you done, it looks like a Zanussi dishwasher in here!'. I looked at the walls as everyone turned and looked at me and laughed, and realised she was right! I was very deflated, but it was so funny it didn't matter for long.

Q What changes have you witnessed over the years for LGBTQIA+ people in Norwich

A I ran the Loft for 15 years, so I saw a lot of changes - in the early days it wasn't unusual for LGBTQIA+ venues to have blacked-out windows and suffer from homophobic attacks and vandalism. People leaving pubs and clubs could be harassed and attacked. I would always keep an eye on people as they left the club, particularly if they were alone and leaving when other local clubs were closing, I would often send a doorman out to walk people to their cars or to busier streets where they would be less vulnerable. Peter started the tradition of serving bacon rolls and hotdogs from 2am to 3am

in the lounge area downstairs, so there was a gap between other clubs kicking out, and our closing time. Unofficially I called it the 'last chance saloon' - if they hadn't pulled by 2am, they had one last chance while everyone sat around reading Boyz and the Pink Paper. In the 90's through to the early noughties The Loft also hosted Gas Station and Marvel - straight nights on Fridays, which were, for a long time, two of the most successful club nights in Norwich - people still talk to me about those nights with fond memories.

The early 90s was also the height of the UK's AIDS epidemic. The safer place we created at the loft, a place where people could relax and be themselves, sometimes also had some sad times when we lost people we loved. I will never forget the friends I have lost to AIDS. Attending the World AIDS day service every year at St John's on Timber Hill means a lot to me. For young people today this might seem like a million years ago, but it's important not to forget - they should watch things like 'It's a Sin' to get a feel for how it was living through those years.

LGBTQIA+ people have fought hard for greater equality over the years, and things are better than they were. Heroes like Peter Tatchell have changed the world and we should always be grateful to them, but we are only as free as our current government allows us to be, and we must never stop fighting for our rights and freedoms. I am horrified at the government's exclusion of trans people in the conversion therapy ban,

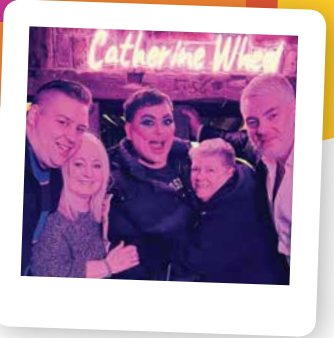
we must do all we can to protest and stand in solidarity with our trans friends and family.

Q Tell me about how you came to the Catherine Wheel

A Peter passed away in 2004, and with a change of ownership, it began to feel like it was the right time to move on. The Catherine Wheel had been an LGBTQIA+ pub for a couple of years, run by Kenny and Tony, but they wanted to move on, and I just kept thinking I would like to run it, and so I bought it, and on the 2nd July 2007 I became the landlady - the day after the smoking ban, which meant the redecorated ceiling would stay white!

Running a pub is a very different experience to running a club, but I soon settled in and love being here, we have drag bingo, quiz nights, karaoke, we have a space for private parties and weddings, it's so much fun. My old friend Baga Chipz popped in the other week, and we had a brilliant time. We are one of the few independent pubs in Norwich, the building itself is fascinating, with graffiti from the 1700's carved into the beams, and we have a well! I love the history here and I'm proud to be a part of it.

The last couple of years have been difficult, keeping up with covid regulations and being shut for long periods, but things are looking better now, and I am really looking forward to Pride and seeing everyone get together again.



BEYOND the flag

Exhibition at The Assembly House,
Theatre Street

- Tuesday 24th to Saturday 30th July
- 10am to 4pm daily
- Free to enter



The exhibition aims to raise enquiry points around the legacies, histories and futures of the rainbow flag. It questions what it stands for, or if we still need it? Are we bigger than the sum of our individual parts? Can other symbols of Queer power be appropriated and diluted?

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In light of its adoption as a unifying symbol of community cohesion and perseverance for the NHS in 2020, it can be argued that the flag was neutralised as a symbol of a community that had already adopted it for the same reasons. A symbol associated specifically with safer zones for those who are part of the LGBTQIA+ community was deleted.

LGBTQIA+ artists are often marginalised, discriminated against and overlooked, as are many Queer people generally. Beyond the Flag exhibition enables LGBTQIA+ artists to exhibit work without the concern of being othered. The exhibition offers validation for all our community.

Beyond the lockdowns, we must now start to think beyond the flag. Without it who are we, what can we be?

Talking about the exhibition, curator Rachel Collier-Wilson said -

'When you gather together differences, all become valid, all deserve to be seen, all to be celebrated. We have the strength to just 'be'.'

The exhibition includes the work of East Anglian artists who identify as LGBTQIA+. The selection panel comprises of -

- Rachel Collier-Wilson - Artist, and Norwich Pride Arts Champion
- David Shenton - Artist and Cartoonist, and Patron of Norwich Pride

Sponsored By NUA and The Assembly House



- Richard Sawdon Smith - Professor of Fine Art and Director for Fine Art and Photography Norwich University of the Arts, and Pride Trustee

Check Norwich Pride Social media for workshop events during the exhibition.

**BEYOND
THE
FLAG.**



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SUPPORTER
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PRIDE**

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full of pride



With proud roots in Norwich, we're excited to be the main sponsor of Norwich Pride this year! Let's enjoy a fantastic day together.

Celebrating 15 years of Aviva Pride

This year Aviva Pride is celebrating 15 years of elevating the LGBTQ+ community within Aviva.

We're excited to create a workplace where more trans, non-binary and gender non-conforming colleagues can thrive and continue working together on this journey.

Pride in our people

At Aviva we strive for our people to feel safe to be themselves, stand up for what they believe in and speak up when they disagree.

No matter your sexuality or gender identity, Aviva empowers you, to be you.

The way we see it, when our people are happy, our customers are happy. That's why we invest in your wellbeing, professional and personal development.

#AvivaPride



MILLS & REEVE
Achieve more. Together.

We think everyone should be able to bring their full self to work and are proud to be associated with **Norwich Pride**



We've been recognised for our commitment to being an LGBTQ+ inclusive workplace.

NORWICHARTSCENTRE.CO.UK

Queefy

RHYS' PIECES AND THE QUEEFY QUEERDOS INVITE YOU TO A THEATRICAL EXTRAVAGANZA!

FRIDAY 9 SEPTEMBER 20:00
NORWICH ARTS CENTRE

JOIN THE QUEERDO FAMILY

Norwich Arts Centre.

NORWICH PRIDE POP-UP SHOP



SO WHERE WILL YOU FIND US THIS YEAR?

The Forum Saturday 30th July from 10.00am

We'll be at the entrance in our usual spot on the big day.

Chapelfield Gardens Saturday 30th July from 10.00am

We usually set up shop at the Bandstand. Come and see us there!

Where else?

We may appear anywhere around the city in the run up to Pride.

Follow us across all our socials to keep track of where we'll be.



We are delighted to bring you the Norwich Pride Pop-Up Shop again this year, we will be stocking a variety of Norwich Pride merchandise including t-shirts, a wide range of flags, badges, hats, bracelets, lanyards, sunglasses, and bandanas.

Every penny you spend with us goes towards helping us keep Norwich Pride free and accessible for all. Come and buy something to wear or wave on the March on the day.

Talking to the volunteers running the Pop-Up Shop is a great way to find out about our plans for the 30th July, and we will have lots of our free Pride Guides for you to take away, which will include all the listings and plans for the day

A proud place!

Enjoy over 90 fantastic shops, cafes and restaurants in the heart of Norwich

Chantry Place
Proud to support Norwich Pride 2022

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Norwich Pride Question Time

11am, 30th July in
The Gallery at The Forum

Our annual question time event brings together voices from across the LGBTQIA+ community and we're delighted to have such a talented line up of speakers joining us to share their views.

Kan

Kan appeared on Netflix Queer Eye: We're in Japan! Ep. 2 as a hero in 2019. He studied gender and sexuality at graduate school in the UK. He considers himself a queer person and an activist for people in his community, and he actively talks on social media, organises speeches, and gives lectures about sexuality and being your true self at companies and schools. He moved to the UK in July 2021, got married, and currently lives in London with his husband, Tom.



This year our Question Time event is sponsored in memory of John Griffiths - John Griffiths 1948-2018

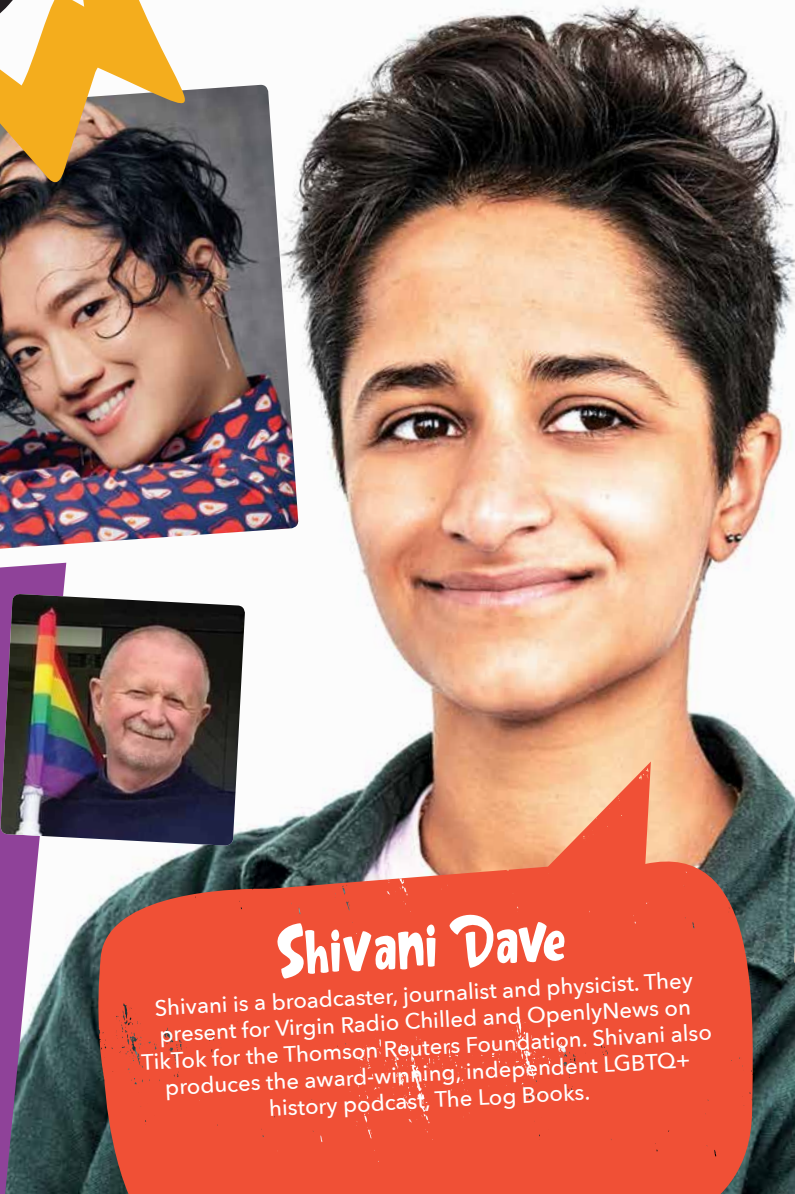
John was Head of Clinical Psychology at Homerton and Barts Hospitals. He retired to Norwich in 2012 and fell in love with the city. He became an avid supporter of NCFC and a dedicated worker for the LGBTQIA+ fans group Proud Canaries.

John was an out gay man and gave Norwich Pride his full backing. He was particularly interested in queer politics and kept up-to-date and open-minded about all aspects of Gay, Lesbian, Bi, and Trans issues. He loved the 'Question Time' section on Pride Day, and left a legacy to help fund this aspect, it being as important to John, and lots of other people, as the March, and the Party in the Park.



Shivani Dave

Shivani is a broadcaster, journalist and physicist. They present for Virgin Radio Chilled and OpenlyNews on TikTok for the Thomson Reuters Foundation. Shivani also produces the award-winning, independent LGBTQIA+ history podcast, The Log Books.



Cleo Madeleine

Cleo Madeleine is a writer, researcher, and activist. She works for the trans-led charity Gendered Intelligence, holds a PhD in queer history from the University of East Anglia, and her poetry has been published around the world. She likes linguistics, dancing, and kissing; she isn't very good at any of them.



Lee Brown

Proud to be a Norwich lad, Lee Brown graduated from UEA with a Gender Studies MA and now works in the charity sector, supporting the wellbeing of up-and-coming generations. Queer, trans, and generally smiley, he can be found crossing the street to say hello to any cat he sees.



Kit Rackley

Kit Marie Rackley (they/she) is a freelance educator, author, podcaster and science communicator. Spending 13 years as a high-school teacher, Kit is deeply committed to safeguarding and championing the future of young people, particularly empowering them to fight climate change and social injustice. As a geographer, Kit believes it is the diversity of the human race which gives it the best chance of overcoming the challenges we face today.



Natasha Curson Memorial Trans Talk

10.15-10.45am 30th July in
The Gallery in The Forum.

Norwich Pride has always been proud to be a #PrideWithTheT and the first Norwich Pride in 2009 opened with a talk on Trans Rights by Natasha Curson from UEA. When Natasha sadly died a few years later, we were determined to honour her memory and pioneering work by having an annual talk in her name.

This year's talk is by social media influencer Adrian Sweeney who has charted his transition on his YouTube and Insta channels. Adrian is an inspirational role model who will give us a unique insight into what it's like to be young and trans in 2022.

Natasha Curson

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NNUH at Pride!
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finecitysamba.org



Bar & Beyond

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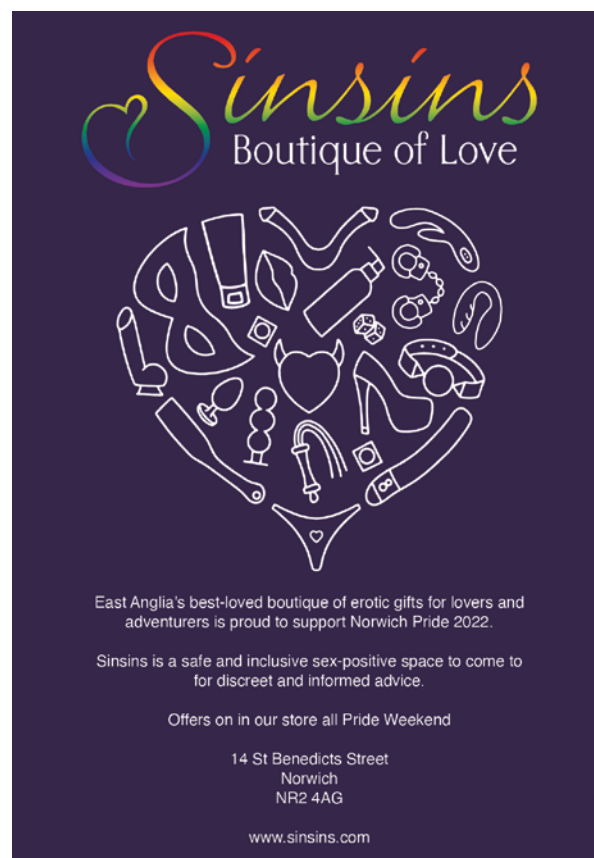
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COCKTAIL MASTERCLASS

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ACCESS TO PRIDE



Norwich Pride is for everyone, and we aim to be as accessible as we can. Check out the Access Page on our website for detailed information about access arrangements. Here are some of the things we have arranged ...

- Disability awareness training for our stewards so they can offer support if needed
- Designated safer spaces on the Pride March if you wish to march with other disabled people
- Designated viewing space for the March on the balcony of the Theatre Royal Norwich
- There are points along the route where you can leave the March early

- Designated viewing space in front of the stage for the Pride Show. This is called 'Dean's Den', named after Dean Simons, our first Access Champion
- Quiet Spaces on the second floor of the Millennium Library in the Forum and in the Norwich Wellbeing Centre opposite Chapelfield Gardens
- Accessible toilets
- Speeches will be BSL signed
- Large-print copies of the Pride Guide
- Easy Read information created by our Easy Read translator and Secretary Deb, working with the Opening Doors charity
- Seated Dance sessions on Millennium Plain in the morning with Zumba Sarah

- We have an Access Symbol designed by Reid Anthony Mason to help you identify access points.
- We have got an Access Group on Facebook who we consult with to ensure we are as accessible as possible
- Our Access Champion is Francis Chennell

We are always keen to hear your ideas about how to make Norwich Pride as accessible as possible, and there is always more we can do. Please email info@norwichpride.org.uk if you have any questions or feedback.

Please note that we are closing Theatre St all day for our Street Party so there will be no disability parking spaces here.



Dean Simons, Chair of Norwich Pride 2014



Artwork by Sophie Cane,
MA Communication Design Graduate.



NORWICH
UNIVERSITY
OF THE ARTS

THE MARCH

The Pride March will leave City Hall at 1pm. We will have our giant Trans and Rainbow Pride flags with us, the route is -



- Starting at City Hall
- Down to Gaol Hill, passing The Guildhall
- Onto Exchange Street
(Take a short cut here to London Street to avoid the cobbles on Bedford Street if preferred)
- Along Bedford Street
- Onto London Street
- Along to Davy Place
- Onto Gentleman's Walk
- Turn left to go past The Haymarket
- Out onto Theatre Street
- Into Chapel Field Gardens

PRIDE DAY!

YOUR GUIDE TO WHAT'S ON, AND WHERE...

Millennium Plain (Outside The Forum)

10 - 12 noon - Join in with exercise and dance routines with Yendells of North Walsham, including seated routines for people with limited mobility and a special Break the Chain class with Norwich Rising.

2pm - 5pm - Live music from local choirs, The Norwich Samba Band and Vibe City Brass.



KEY

- A** Stalls, Questions Time, The Natasha Curson Memorial Talk, and The Tracy Chapman Live Lounge - All at The Forum
- B** Makers Market in Chantry Car Park
- C** Art Exhibition in The Assembly House
- D** Street Party on Theatre Street
- E** Pirate Ship Street Disco
- F** Stalls and Street Food
- G** The Marsha P. Johnson Main Stage (Red area)
- H** The Wendy Carlos DJ Stage (Blue area)
- I** Gender Neutral Toilets
- J** Quiet Space
- 1** Main Entrances / Exits to Chapelfield Gardens
- 2** Bar area (Over 18s only) (red line area)



Inside The Forum

10am - 5pm - In the Atrium - **Stalls** from a wide range of groups, organisations and businesses all with information and resources for LGBTQIA+ people.

10.15am - 10.45 - In The Gallery - **The Natasha Curson Memorial Trans Talk**

Adrian Sweeney talks about being young and Trans in 2022.

11.00am - 12 noon - In The Gallery - **The Norwich Pride Question Time**

A diverse panel of humans discuss issues facing the LGBTQIA+ world community.

2.30 - 4.30pm - In The Gallery - **The Tracy Chapman Live Lounge**

Acoustic music and spoken word performances hosted by Sue Lane.



Outside City Hall and The Forum

1pm - 2pm - **The Pride March**

Starting to gather together from 12 noon onwards, the march sets off at 1pm. See page 23 for the march route.

The march will be launched by the Norwich Pride Town Crier and Lord Mayor of Norwich and other special guests from the balcony of City Hall.

The march will be led by young people from Evolve carrying our giant Trans flag, followed by the access section for disabled people, then our sponsors, and then all the LGBTQIA+ people, their families and friends. Come and join us.



Theatre Street

10am - 6pm - **Street Party**

New for this year - we are closing Theatre St all day for a massive street party with walkabout acts, music, and lots of fun stuff, including a Drag Brunch in the Theatre Royal.



Chantry Car Park

10am - 4pm - **Makers Market**

A diverse range of handmade crafts and artwork from predominantly LGBTQIA+ makers and artists.

10am - 4pm - **Free Hep C Testing all day**

The Assembly House

10am - 4pm - **Beyond The Flag**

Art Exhibition (see page 12 for details).



Chapelfield Gardens

Open from 10am

10am - 5pm - **Stalls and Street Food**

2pm - 6pm - **The Marsha P Johnson Main Stage**

Co-Hosted by Ruby Wednesday, Will Power, Knuckle Sandwich, Anna Action and Bishy Barnabee and headlined by Daniel Molyneaux and Grace Petrie, performances from Molly Naylor, Holly Mallett, Sigi Moonlight, Young States and other friends of Norwich Pride.

2pm - 6pm - **The Wendy Carlos DJ Stage**

Our DJ stage Headlined by Dutchie, supported by Effy Mai, E M Pressure and Summer Aisha 'Mae.

12 noon - 8pm - **The Pride Bar**

An over 18s space for a few sociable drinks with your friends. Last orders will be at 7pm.



Quiet Spaces

Throughout the day there are quiet spaces available for anyone who needs a break from the hubbub of the day -

- The second floor of the library in the Forum
- The Norwich Wellbeing Centre opposite Chapelfield Gardens
- The REST at Churchman House



The Performers

Dutchie



Ruby Wednesday



Sue Lane



Sigi Moonlight



Grace Petrie



E M Pressure



Anna Action



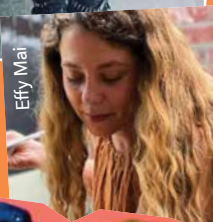
Summer Aisha Mae



Bishy Barnabee



Effy Mai



Kimberley Moore



Will Power



Holly Mallett



The Marsha P Johnson Stage



Molly Naylor



Knuckle Sandwich



Norwich
Arts
Centre.



the Pride Ball

FRIDAY 29TH JULY 2022

BLACK PEPPA JUNO BIRCH BAILEY J MILLS
RHYSPIECES MOTH DANDY WILL POWER
MORAG EQUINOX KENYA KNOTT STEALIA JOBS

HOSTED BY LIV

BOOK ONLINE: WWW.NORWICHARTSCENTRE.CO.UK

BOX OFFICE TELEPHONE: 01603 660352



Young States

PRIDE INSPIRED LISTINGS -



EVENTS THROUGHOUT JULY



TRANS PRIDE PICNIC

- Location - Eaton Park. On the picnic area opposite the playground
- Date - Saturday 9th July
- Time - 12 Noon to 6pm

Details

An open invitation for all of Norwich's Trans and gender diverse folks and allies to celebrate together in the beautiful Eaton Park. There are public, accessible toilets available in the park. There will be guests, performers, speakers and workshops. Bring your friends, families, best picnic blankets, food and games!

BRICKIES PRIDE

- Location - The Brickmakers. 496 Sprowston Road, Norwich NR3 4DY
- Date - Saturday 16th July
- Time - From midday

Details

Hosted by the gorgeous MSK, entertainment all afternoon from The Squirrels, Miss Tish-ewe, Princey Jay, Delores DT, Mrs C, Miss Frou-Frou, Benjaminge, Hannah Long, Ginnitonix, Will Power, Anna Action, Holly Graham, Dusty Rose, The Honey B's, Zoe Promiscuous, Bishy Barnabee, Simon Kindleysides, Knuckle Sandwich, Pfizer Manelli, Joshua Johnson, Fierce, Sadie, Leona and Pride DJ.

PRIDE PREP RALLY

- Location - Eaton Park
- Date - Saturday 16th July
- Time - 2pm to 5pm daily

Details

Open to everyone to come and make protest signs for the Pride March. There will be community stalls, open mic performances, badge making, and outfit accessory crafts.

PROUD POOCHES DOG WALK

- Location - Catton Park
- Date - Sunday 24th July
- Time - 11am

Details

A gentle, accessible dog walk for proud pooches and their owners. www.facebook.com/groups/proudpooches.

BEYOND THE FLAG

- Location - The Assembly House
- Date - Tuesday 24th to Saturday 30th July
- Time - 10am to 4pm daily

Details

The exhibition explores the legacies, histories and futures of the rainbow flag. It questions what it stands for, or if we still need it?

NORFOLK HERITAGE CENTRE'S LGBTQIA+ COLLECTION

- Location - Norwich Millennium Library - Ground Floor
- Date All of July
- Time - Mon-Fri 10am to 7pm. Sat 9am to 5pm Sun 10.30am to 4.30pm

Details

Items from Norfolk Heritage Centre's LGBTQIA+ collection on display, telling local LGBTQIA+ stories. The collection has been donated by local LGBTQIA+ groups and individuals, including Norwich Pride and the Norfolk LGBT+ Project.



7-A-SIDE WALKING FOOTBALL

- Location - FDC Bowthorpe Park, Clover Hill Road, Norwich, NR5 9ED
- Date - Friday 22nd July
- Time - 7pm to 8pm

Details

A Walking Football Session - training and a 7-a side game for beginners and experienced players. £3 per ticket, sign up via the QR code below. Wear your football boots or trainers, and stay afterwards for tea, food and drinks in the bar.

OPENING DOORS GET-TOGETHER FOR LGBTQIA+ PEOPLE WITH LEARNING DISABILITIES AND AUTISM

- Location - Online Meeting
- Date - Monday 25th July
- Time - 4pm to 5pm

Details

Join our group for an online meeting of Opening Doors Get-Together for LGBT+ people with learning disabilities and autism, with special guests explaining and celebrating the importance of drag in our community. For more information email admin@openingdoors.org.uk

WRITING FOR WELLBEING WITH PRIDE

- Location - Online Zoom
- Date - Monday 25th July
- Time - 7pm to 9pm

Details

Writing for Wellbeing is an opportunity to write about how you are feeling or explore a problem in a safe, confidential space. It is different to creative writing in that it is not the end product that is important but the process of writing, of getting the pen on the paper and the words out. This small group of no more than 8 people will be facilitated by Jacqui Empson-High, an experienced counsellor, poet and Writing for Wellbeing practitioner. Cost: £5 per person to pay when booking. Contact Jacqui directly to book: counsellorjacquieh@protonmail.com

THE ADVENTURES OF PRISCILLA, QUEEN OF THE DESERT

- Location - Cinema City
- Date - Tuesday 26th July
- Time - 8.30pm

Details

A special Pride showing of Stephan Elliot's 1994 classic 'The Adventures of Priscilla, Queen of the Desert' hosted and introduced by the very talented drag artist MSK and her dance troupe Fierce, with pre-show entertainment in the bar, arrive early for drinks and a bite to eat before the film. Tickets £8, or £5 for members.

PROUD COUNSELLORS AND THERAPISTS

- Location - The Forum
- Date - Wednesday 27th July
- Time - 7pm

Details

A Pride get-together for counsellors and therapists who identify as LGBTQIA+ For more information email hello@traceywoolfcounselling.com.

THE PRIDE BALL

- Location - Norwich Arts Centre. 51 St Benedicts St, Norwich NR2 4PG
- Date - Friday 29th July

Details

Hosted by Liv, come see Black Peppa, Juno Birch, Bailey J Mills and many other stars. Book online at www.norwichartscentre.co.uk

ED'S EASY DINER PRIDE DINER EXPERIENCE

- Location - Ed's Easy Diner level 1 Chantry Place
- Date Saturday 30th July
- Time - All day with Drag entertainment from 4pm to 6pm

Details

A full table service dinner with fantastic family friendly entertainment in a safe environment for those who are discovering who they are. We will be livestreaming the parade and main stage on our TV. Book a table via OpenTable or call the restaurant at 01603 767643.

RAINBOW PARKRUN

- Location - Sloughbottom Park. Drayton Rd, Hellesdon NR3 2PW
- Date - Saturday 30th July
- Time - 9.00am

Details

A free to join 5k run, jog or walk. Everyone is welcome, you don't have to be a fast runner, or even a runner at all, just to want to enjoy exercise outdoors together. There are free refreshments afterwards - please bring your own reusable cup. Anyone new to parkrun can sign up at <https://www.parkrun.org.uk/register>. Or if anyone would like to volunteer, contact us at sloughbottom@parkrun.com.

QUIET PRIDE

- Location - The Rest Hub. Churchman House, 71 Bethel St, Norwich, NR2 1NR
- Date - Saturday 30th July
- Time - 9.30am to 6pm

Details

Offering a quiet, calm space away from the main Pride Event. A team will be on hand if someone wants to talk about their mental health, as well as refreshments available for purchase from the Feed café onsite.



BOUNCE & RHYME

- Location - Norwich Millennium Library
- Date - Saturday 30th July
- Time - 10am

Details

Join us for a Pride Inspired Bounce & Rhyme session for children and their families. Wear your best rainbow colours, we'll wear ours, and join in with some lovely nursery rhymes. Drop in, collect a sticker from staff from 30 minutes before the session begins.

PRIDE INSPIRED STORYTIME

- Location - Norwich Millennium Library
- Date - Saturday 30th July
- Time - 11.30am

Details

Join us for a reading of a selection of books featuring LGBTQIA characters, and that feature themes of diversity, acceptance and love. Drop in, collect a sticker from staff from 30 minutes before the session begins.

DRAG BRUNCH AT NORWICH THEATRE

- Location - Prelude Restaurant at Norwich Theatre
- Date - Saturday 30th July
- Time - 11.30am

Details

Book in at Norwich Theatre's first ever Drag Brunch - expect delicious food, cocktails, and a few drag surprises along the way including an appearance from 'The Squirrels' so make sure you come dressed to impress! Elsewhere in the building Norwich Theatre offers fun for all the family. With face painting, glitter, entertainment and much more all under one roof, before watching the parade from our outdoor balcony. To book your place for brunch please visit our website <https://norwichtheatre.org/your-visit/eatanddrink/>

ABBA PICNIC

- Location - Chapelfield Gardens, Norwich
- Date - Sunday 31st July
- Time - 7.30pm

Details

The UK's hottest tribute band 'Sweden' perform Abba hits in the park, with a prosecco and gin bar, and street food stalls. Large picnic area with benches. Tickets £20 from events.mhtickets.com or ueaticketbookings.co.uk.



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This year we were invited to take part in the Love Light Norwich Festival. Arts Champion Rachel Collier-Wilson worked with The Norwich Dandies to make 8 large willow lanterns that were carried through the streets of Norwich in the River of Love Procession, with more than 60 smaller lanterns carried by Norwich Pride volunteers. The parade travelled from the Cathedral and ended up at the Forum, watched and cheered on by large crowds of Norwich residents. The heavy rain thankfully stopped just before the parade; the wet streets helped all the lanterns sparkle. www.lovelightnorwich.co.uk

River of Love Procession

Saturday 19 February 2022

Photo-credit - @jamesburton.uk

31

Norwich Pride Schools Week



Norwich Pride Schools Week began in 2019 as a way for schools across Norfolk to take part in the Pride celebrations during term-time, and in doing so ensure they were places where every child and young person can feel safe and proud to be themselves. We hold it in the last week of June to coincide with the anniversary of the Stonewall Riots.

In previous years we've focused on anti-bullying, the meaning of the rainbow flag and respect. This year the theme was protecting the mental health and wellbeing of LGBTQIA+ students and staff. The research is clear: LGBTQIA+ young people are particularly vulnerable to poor mental health. A recent report by Just Like Us found that they are twice as likely to feel lonely and more than twice as likely to worry daily about their mental health than their peers. This was especially the case during lockdown.

We know that schools work all year round to eradicate bullying and to create safe supportive environments for all young people. Sadly, LGBTQIA+ young people still face homophobia, transphobia and other prejudices around their identities. The effects of this on mental health and self-esteem can be very negative.

Pride Schools Week is important because it gives schools a focal point for their work to ensure LGBTQIA+ young people (and their families) feel part of a community which celebrates them. David Day, Headteacher at Sewell Park Academy in Norwich told us:

"We had a lunchtime Pride March as part of a week of classroom-based and extra-curricular activities to celebrate Norwich Pride Schools Week. We had fantastic feedback from our LGBTQIA+ students about what it meant to them, how much safer they felt knowing the school community supported them, and it helped reinforce for all students and staff one of our core values of respect."

Norwich Pride Schools Week is growing from strength to strength, as more schools are getting involved and developing their own exciting activities. We love to work with local artists to create original resources for schools to use. This year we worked with KezyLou on our beautiful poster which was also produced in black & white for mindful colouring in.



We organised a range of activities across the week including a live online lesson with international civil rights activist Peter Tatchell that any school could watch, wherever they were.

Norwich Pride Schools Week is just one way for your school to support your LGBTQIA+ young people. The Norfolk LGBT+ Project's Educating With Pride service helps schools across Norfolk achieve a high standard of care supporting LGBT+ young people, staff, parents and the wider community.

This year, Schools week has been sponsored by The East Of England Co-op.

To find out more about Norwich Pride Schools Week and to join our Teachers Mailing List email education@norwichpride.org.uk and check out the Pride Schools Week page on our website www.norwichpride.org.uk

WE STAND TOGETHER

Our vision is that all young people know what it is to be valued and have the support and information they need to make a successful transition into adulthood.

[@mapyoungpeople](https://www.instagram.com/mapyoungpeople)

0800 0744454

FREE | CONFIDENTIAL | FOR 11-25s

ADVICE | COUNSELLING | YOUTH WORK

THE ADVENTURES OF *Priscilla* QUEEN OF THE DESERT

TUESDAY 26 JULY
8.30PM £8 OR £5 FOR MEMBERS

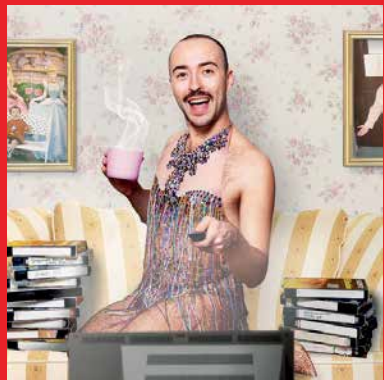
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City**



HOSTED AND INTRODUCED BY
DRAG ARTIST **MSK** AND HER
DANCE TROUPE **FIERCE**, WITH
PRE-SHOW IN THE BAR



Norwich Theatre



**My Son's A Queer
(But What Can You Do?)**
Playhouse, 2 - 3 Sep



Les Ballets Trockadero de Monte Carlo
Theatre Royal, 30 Sep - 1 Oct



Time & Tide
Stage Two, 18 - 23 Oct



The Color Purple
Theatre Royal, 1 - 5 Nov

Norwich Theatre is proud to offer a welcoming and safe environment to the LGBTQ+ community and provide a platform for the most diverse range of voices and stories.

01603 63 00 00
norwichtheatre.org



NORWICH PRIDE ANTI-RACIST ADVISORY GROUP

We are a group of people from the local LGBTQIA+ community who are of African, Asian, Caribbean, Latin American and Middle Eastern descent. Our aim is to ensure that racism has no place at Norwich Pride and our heritage, culture, talents and achievements are celebrated alongside our LGBTQIA+ identities.

The Norwich Pride Organising Team and Trustees are committed to making Norwich a place where everyone can feel safe and proud to be themselves. To help to achieve this aim our group look at Norwich Pride's processes, documents, media and publicity to ensure that our diverse community is represented and celebrated in all physical and virtual Pride spaces, and that racism is rooted out and not tolerated in any form.

People's lives are multi-dimensional and cannot be defined by single categories e.g. gender, race, sexuality, ability, religion. The intersection of these can produce experiences of both privilege and oppression. We recognise that minority communities within minority communities may sometimes have conflicting agendas; however, we are all part of the Pride family, we work together with the other advisory groups with mutual respect and kindness to create a wonderful rainbow Pride where everyone feels valued, visible and respected.

We are predominantly an online community, communicating mostly via email but would be open to other meetings and forums if people wish.

If you would like to join us, please email history@norwichpride.org.uk

Stevie Savage, the Pride historian, is also coordinator of the Norwich Pride Anti-Racist Advisory Group and chair of Sing with Pride. We asked her to tell us more about both these groups....

Sing with Pride

We are the choir from the LGBTQIA+ community in Norwich for everyone, including our straight allies. We sing in harmony to celebrate diversity and challenge inequality, therefore most of the songs that we sing are in some way relevant to LGBTQIA+ people or our culture. This includes music of politics, struggle and freedom as well as pop songs and show tunes.

Our choir is fun, and friendly and inclusive. Everyone who supports our values is welcome.

Charlie Caine is our amazing Musical Director. Charlie is a talented musician and teacher with a background in musical theatre. He teaches us by ear, although music is available. Charlie makes learning and singing fun. Nobody is required to audition or sing on their own.

We are a working choir. We are often asked to perform at key LGBTQIA+ and other events.

This year we sang at both the Trans Day of Remembrance (TDOR) and Trans Day of Visibility (TDOV) events, as well as World AIDS Day; and we joined the African Choir of Norfolk at a concert to raise funds to buy reusable sanitary protection for girls in Africa and Ukraine. This year at Norwich Pride we will be singing on stage with Grace Petrie.

On alternative years we love to participate in Hand in Hand, the UK LGBTQIA+ choirs' festival, and if possible, at Various Voices, the international LGBTQIA+ choir festival held every 4 years. We also like to sing at local community choir festivals. All of these events are tremendous fun and a super opportunity to see what other choirs are doing and meet up with people who love singing.

We would love to have some new members. Your first session is free.

We rehearse on Thursdays from 7-9pm at The Hamlet Children's Centre Norwich. For more information email info@singwithpride.org.uk



Sing with Pride with the African choir of Norfolk



Let's celebrate Norwich Pride 2022!

As members of Independent East, we are proud to support the #Flourish campaign - promoting equality, diversity and inclusion at work and in our communities. Independent East brings together 5 community-focused housing associations in the East of England.



Supporting workplaces
& communities
where everyone can grow &
#FLOURISH!



27th January
Holocaust Memorial Day
February
LGBTQIA+ History Month
1st March
Zero Discrimination Day
8th March
International Women's Day
31st March
Transgender Day of Visibility
26th April
Lesbian Day of Visibility

17th May
IDAHOBIT International Day
Against Homophobia,
Transphobia and Biphobia
19th May
Agender Pride Day
24th May
Pansexual and Panromantic Aware-
ness Day
12th June
Pulse Nightclub Memorial Day
28th June
Anniversary of the Stonewall Riots
14th July
International Non-Binary
People's Day

THE LGBTQIA+ CALENDAR

The last Saturday in July
Norwich Pride
18th August
Butch Appreciation Day
20th August
King's Lynn and West Norfolk Pride
16th September
Disability Pride
23rd September
Celebrate Bisexuality Day
October
Black History Month
8th October
International Lesbian Day
10th October
World Mental Health Day
11th October
International Coming Out Day

Third Wednesday in October
Pronouns Day
October
Hate Crime Awareness Week
17th October
International Pronoun Day
19th October
Spirit Day (wear purple)
22nd October
Asexual Awareness Week
26th October
Intersex Awareness Day
8th November
Intersex Day of Remembrance
20th November
Transgender Day of Remembrance
1st December
World AIDS Day

Only 1% of people currently die in circumstances where organ donation is possible. This means that every potential donor is precious.

Cyclist Andy Hornby, 50, was training for a triathlon when he was involved in a serious collision. Sadly, he wasn't able to survive his injuries.

He donated his kidneys, liver, heart valves, eyes, bone and tendons, which has been a great source of comfort to his family.

Andy's wife, Charlotte, said: "We did not expect Andy's life to come to a sudden end, but I am so grateful that we had that conversation because it made it easier, and I could not think of a reason to say no. To give the gift of life is one of the most precious things anyone can do."

Andy was a keen photographer in his spare time and was the first official photographer of Norwich Pride back in 2009.

Currently around 6,270 people are actively waiting for an organ transplant across the UK.

It only takes two minutes to join the NHS Organ Donor Register and each donor can save or transform up to nine lives.

Even though the laws around organ donation have now changed to an opt out system in England, Scotland and Wales, families will always be consulted before organ donation goes ahead.

This means it is still just as important as ever to register your organ donation decision on the NHS Organ Donor Register and to share your decision with your family.



*Andy's donated organs
gave others the chance of life after his death*

Matt Overy, Specialist Nurse Organ Donation concludes: "Having these important conversations will make it much easier for families to make a decision if they are ever asked to support a loved one to donate".

To join the NHS Organ Donor Register, visit **www.organdonation.nhs.uk**, call **0300 123 23 23** or register your decision via the NHS app.

Register to give blood

New guidance means we can now assess your eligibility to give blood based solely on your own individual experiences, making the process fairer for everyone, and enabling more people to donate. Each donation can save or improve up to three lives.

Find out more today and book an appointment to donate at **www.blood.co.uk** or by calling **0300 123 23 23**.

Particular need for Black and Asian donors

There is a particular need for more people of African, Caribbean, Asian or mixed ethnicity to become both blood and organ donors and help save lives.

The best chance of a suitable match for patients reliant on regular blood transfusions or in need of a kidney transplant, is most likely to come from donors from the same ethnic background.

YOUR LOCAL GROUPS

If you'd like to experience a sense of community all-year round, then check out these local LGBTQIA+ groups.

Created - www.created.org.uk

Created is a meeting place for LGBTQIA+ affirming Christians and allies in the Norwich and Norfolk area to connect, gather together and share experiences.

Evolve - www.map.uk.net/for-young-people/groups/evolve/

MAP's free, confidential gender identity support service for young people who identify on the broad 'trans spectrum' - including intersex people and non-binary people who may or may not also identify as trans, as well as those who are questioning their identity.

Norfolk LGBT+ Meet-Up - www.meetup.com/Norfolk-LGBT-Meetup/

The aim is to help LGBTQIA+ people keep in touch with friends, make new friends, explore the area, and keep active. It's a social group, so everyone is involved for their own enjoyment - not to provide a service.

Norfolk LGBTQ+ Women's Social Group - www.meetup.com/Lesbian-Gay-Women-Social/

A friendly and welcoming social group for anyone who identifies as a woman, lives as a woman and loves other women! We are a non-binary and trans inclusive group that respects diversity and each other. We have a range of social events and online meet ups for our members and encourage building friendships and having fun!

Norwich Mature Gay Community - www.facebook.com/groups/norwichmaturegaycommunity/

A group of mature gay men, their friends and admirers who have regular informal social gatherings at Lollards Pit pub in Norwich and organise a diverse range of well attended other activities, including walks, quiz nights, and meals.

Norfolk LGBT+ History Club - Email: joanne.foster-murdoch@norfolk.gov.uk
Club exploring and preserving local LGBTQIA+ history. Regular meetings, events, history walks. Works closely with the Norfolk Heritage Centre's LGBTQIA+ archive.

Norfolk LGBT+ Project - www.norfolklgbtproject.org.uk

Runs a series of drop-in groups including BLAH LGBT+ Youth, WSW (Women Supporting Women), LGBT+ Multicultural Group, Time Out for gay and bisexual men, and Oaks and Willows for transgender and non-binary individuals.

Oasis Norfolk - www.oasisnorfolk.com
Oasis is a self-help and support group for trans-people and their partners, family and friends.

Out at the Movies Norwich - www.facebook.com/groups/OutAtTheMoviesNorwich

A celebration of LGBTQIA+ Films brought to you by Cinema City and Norwich Pride. Tell us your favourite movies and we'll try our best to get them screened at the cinema.

Proud Canaries - www.proudcanaries.co.uk

The official NCFC fans and friends group. We challenge homophobia and transphobia home and away whilst enjoying the beautiful game.

Proud Counsellors and Therapists - Email: hello@traceywoolfcounselling.com

Monthly Queer Peer networking meetings for counsellors and therapists who identify as LGBTQIA+

Proud Parents and Guardians Norwich - www.facebook.com/groups/1433940136899093

An opportunity for same sex families in Norwich to share advice, information, support and to be sociable.

Proud Pooches - www.facebook.com/groups/proudpooches/

A friendly group for LGBT+ dog-owners and their allies to organise walks and share pics and ideas.

Sew Gay Norwich - www.sewgaynorwich.shutterfly.com

A bunch of creative people who love to sew, knit, glue, stitch. Their current project is the Pride Patchwork - a quilt celebrating 60 years of LGBT+ history.

Sing with Pride - www.singwithpride.org.uk

Choir that meets weekly, performs regularly and welcomes people of all abilities: "if you love singing in the shower, you will love singing with us"

Email info@norwichpride.org.uk if you'd like your group to be included on the Community page of our website, or want to update your listing



Yes I donate
ORGAN DONATION

organdonation.nhs.uk



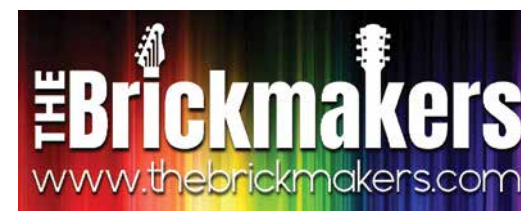


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Saturday 30th July 2022

Supported by Unite Norwich Medical Branch
www.unitetheunion.org



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NORWICH LGBTQIA+ PUBS AND CLUBS



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Fetch



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61 St Augustines St, Norwich, NR3 3BG
www.facebook.com/thewheelnorwich
 We are Norwich City's friendliest most fabulous LGBTQIA+ pub, welcoming the community

THE CASTLE

1 Spitalfields, Norwich, NR1 4EY
www.thecastle-pub.com
 The Castle is Norwich's longest running LGBTQIA+ venue which is made up of two venues, the pub and the club 'U-NITE' a converted barn within the premises.

FETCH

75 Prince of Wales Rd, Norwich, NR1 1DG
www.fetchnorwich.com
 We are East Anglia's biggest premier LGBTQIA+ venue in Norfolk/Suffolk catering to the LGBTQIA+ Community and providing a safe environment to enjoy your night out in Norwich.

THE LOFT NR1 NIGHT CLUB

78-80 Rose Lane, Norwich, NR1 1PT
www.facebook.com/LoftNR1
 The Loft nightclub has a spacious dancefloor, bar and seating area.

LOLLARDS PIT

69-71 Riverside Rd, Norwich, NR1 1SR
www.lollardspit.com
 A cosy and friendly pub at the heart of the community. Fully accessible and inclusive. Groups such as Proud Canaries and Norfolk Mature Gay Community (NMCG) meet here.



PRIDE 2022 @ THE CASTLE

2PM - LATE FREE ENTRY

ENTERTAINMENT FROM:
& KY KELLY MISS PENNY

BBQ FROM 5PM

1 SPITALFIELDS - NORWICH | 01603 768886
www.thecastle-pub.com

PRIDE 2022 @ LOLLARDS PIT

SATURDAY - MAIN EVENT

Lilley's OUTSIDE BAR
 EXCLUSIVE OFFERS

BBQ FROM 5PM

12PM - 1AM

SUNDAY - PRIDE BINGO
 FROM 6PM

69-71 RIVERSIDE ROAD - NORWICH - NR1 1SR

LOLLARDS PIT



FREEHOUSE

PRIDE 2022 @ LOFT NR1

10PM - 5:30AM
 LAST ENTRY 3:30AM

MUSIC BY:

DJ JAMES BUCKENHAM

FREE ENTRY BEFORE 11PM / £5 AFTER
 OR FREE ENTRY WITH CASTLE HAND STAMP

80 ROSE LANE - NORWICH | STRICTLY 18+ | ID REQUIRED

www.loftnr1.co.uk



TIME TO SHOW HOW YOUR VALUES CAN BENEFIT OTHERS

Policing in Norfolk needs proactive people with a proud sense of heritage to build dialogue and inclusion across communities. Your rich life-experiences could have a positive influence on others.

What do you say?



norfolk.police.uk/yespolice



HAPPY
NORWICH
PRIDE

Providing a welcoming and inclusive learning environment for all

With a diverse student body of over 10,000 young people and adults, we strive to be a college where our students and staff experience the freedom to be themselves and feel they belong.

We are proud to continue our support for Norwich Pride.
Wishing all students, staff, and friends of the college,
a fantastic celebration at this year's event.





Broadband

Pride Broadband, powered by InTouch Systems are partnering with Norwich Pride to deliver superfast broadband in Norfolk. **Every connection will see a monthly donation to Pride!**

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