

Norfolk LGBT Project is a community based charity, providing support that is relevant to the needs of the LGBT community in Norfolk and Waveney since 2007



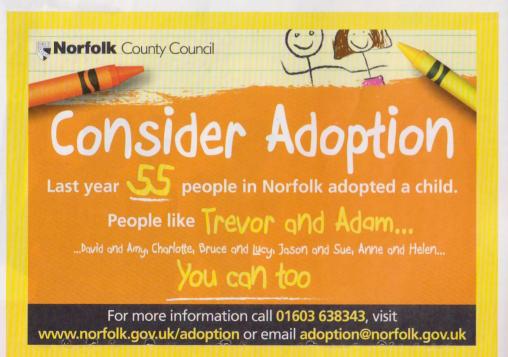
Our aims are:

- To relieve the mental and emotional suffering of LGBT people in the Norfolk & Waveney area who are lesbian, gay, bisexual or transgender (LGBT) or in doubt of their sexuality or gender identity, by the provision of advice, peer-support and information.
- The preservation and protection of public health, in particular amongst LGBT people, by raising awareness and providing information about matters that affect their physical, mental & sexual health.

This is achieved by

- Email, phone or 1-2-1 support
- LGBT Social Support Groups
- Sexual Health Outreach Work in gay venues
- Free condom and lube postal scheme
- School outreach work by request
- The LGBT Guide to Norfolk & Waveney booklet
- Partnership working with relevant organisations
- Family & Friends support
- Producing in-house information booklets

Norfolk LGBT Project continues to expand its services to and for the LGBT community in Norfolk & Waveney. For more information please email: Fiona Liew-Bedford at fionabedford@norfolklgbtproject.co.uk OR 01603 219299 www.norfolklgbtproject.co.uk info@norfolklgbtproject.co.uk



A CELEBRATION FOR EVERYONE

Welcome to Norwich Pride 2013. We're five years old and we're going to give the city the happiest birthday party it has ever seen! On Saturday 27 July we will turn Norwich into a rainbow - a universal symbol of love, harmony and peace and the international symbol of the LGBT community. We're going to have the biggest and most colourful Parade vet with a 50 metre rainbow flag from Exeter Pride. We've also got a wonderful Wigwam Stage and a host of brilliant acts for the Pride Show. The celebrations start early this year - we've booked the Forum from Monday 22 July for the Pride 5 Festival. We've also got the Pride without Prejudice exhibition at St Margarets Church of Art and events at the Bridewell Museum, Cinema City, Norwich Arts Centre and The Garage and loads of fabulous parties at LGBT-run venues. Norwich Pride is the celebration from the LGBT community for everyone be part of it!

Mike Stonard

Chair, Norwich Pride 2013



PRIDE 5 FFSTIVAL

A five day festival to celebrate five years of Pride. There will be stalls, talks, displays and the Pride Shop in the Forum all week as well as Pride Art School at the Pride without Prejudice exhibition and events Norfolk Fire and Rescue. across the city. The Pride 5 Festival is funded with a grant from the Norfolk Community Fund and aims to give more people than ever before a chance to engage in the Pride celebrations

PRIDE HOUSE

Central to this year's celebrations is the Pride House – an installation of art and photography in the Atrium of the Forum celebrating the history of Norwich Pride. With comfy sofas to relax in and tables to work on, the Pride House will be an inspirational meeting place.

FLYING THE FLAG

The rainbow flag will be flying on buildings all over Norwich including City Hall, County Hall, the Castle Museum, City College, Norfolk and Norwich Hospital, Hellesdon Hospital, Aviva, Jarrolds and Norwich Puppet Theatre. It is the most visual way an organisation can show that it celebrates diversity and values its LGBT citizens, customers, students and staff. This year we are also aiming for more shops than ever before to make rainbow window displays. You can buy rainbow flags and bunting from the Pride Shop. Email info@norwichpride.org.uk for more details.



MONDAY: INVE

11AM "Get Hitched with Pride" a celebration of Equal Love with a toast from John Driscoll. Pink Wedding Toastmaster

12-3PM Carnival Arts workshop with Pat Howe from Spectrum Crafts. Make props and costumes for the Pride Parade

IPM Music workshop: "Write love songs" with Kimberley Moore

2PM Pride Art School at St Margarets: "Celebrate or demonstrate: top tips for capturing special events" with Ann Nicholls

3PM Talk: "Writing lesbian romance" by novelist Andrea Brammell

6.10PM "Les Invisibles" at Cinema City: documentary from Sébastien Lifshitz exploring the lives of French gay men and women over 70

6.30PM Pride Live! on Future Radio 107.8fm followed by My Pride Life with Eric Gitari. Kenvan Human Rights lawver

7.30PM Launch of Pride without Prejudice exhibition at St Margarets with music from Androgyne and "a happening" with Vince Laws: 76 people's faces will be painted with the names of the 76 countries where homosexuality is illegal. www.76crimes.com

TUESDAY: HEALTH

ALL DAY Stalls from a range of health organisations and the Norwich Pride Access Group

11AM Talk: "An accessible Pride?" with Dean Simons & Kim Gibson

12.30PM Talk: "Why it's important to be a member of a members (over 60) enjoy a union at this time of austerity" Lauren Bleach from Unison

2PM Pride Art School at St Margarets: "Monoprint: painterly printmaking" with Drew Turner

3PM Talk: "Self-pleasure and Sensuality" with Linda Street and Jay Morris from MAP. How senses and sexual styles can improve self-esteem within our sexuality

6PM Natasha Curson Memorial Talk: "LGB and Trans: What have they got to do with one another?" with Katy Jon Went

7.30PM "Torrents of Rapture" at Norwich Arts Centre. Dugald Ferguson's multi-media show - 'Brief Encounter' meets 'Saving Private Ryan' via 'Monty Python' - tells how Reggie emerges victorious from the ruins of his shattered dreams after finding his lover in bed with another man...

WEDNESDAY: IDENTITY

12-3PM Carnival Arts workshop with Pat Howe

12.30PM Talk: "A woman's place is in her union?" with Lauren Bleach from Unison

IPM "Les Invisibles" at Cinema City. Silver Screen Club free tea or filter coffee

2PM Music workshop: "Somewhere Over the Rainbow" on ukulele with Gemma Cullingford. Six places available. Email gemma@ ukulele-lessons.co.uk

3.30PM Talk: "Growing up Gav in the 1950s and 1960s" by Jonathon Phillips and Roger Smith at the Bridewell Museum (£1 includes museum entry)

6PM Talk: "Being gay is not an issue...it is a fact: The problem with problem books" with B.J. Epstein from UEA

7.30PM Miss High Leg Kick presents Bodies International "Work It Out" at the Norwich Arts Centre. An exercise class experience combining video. performance, dance, leotards, and legwarmers. Followed by an outrageously fun filled disco. £5.00 or two for £8.00

THURSDAY: MUSIC

11AM Talk: "Love Music Hate Racism and Homophobia" with Jules Bremner

12-2PM DJ Jules on decks outside the Forum including a "Break the Chain" flashmob dance practice at 1pm

12PM-3PM Carnival Arts workshop with Pat Howe

2PM Pride Art School at St Margarets. Photography workshop and Q&A with celebrated artist/photographer Ruski

3PM Talk: "My Pride Life: producing and presenting on Future Radio" with Di Cunningham

BPM Sing with Pride OUT140 Micro Concert at the United Reformed Church on Princes St. Homemade tea and cakes and tiny songs inspired by "OUT140: Little Book of Coming Out Stories"

FRIDAY: YOU ITH

ALL DAY The Forum will be taken over by BLAH LGB Youth Group who have worked with ITV Fixers to produce the project "Take a walk in our shoes." The exhibition of posters aims to raise awareness of the homophobic abuse that some young lesbian, gay and bisexual people encounter in their everyday life. Working with students from Norwich University of the Arts, they created a "gay booth". Individuals (age restrictions apply) will be encouraged to step inside so they can experience first-hand what it is like to walk in the shoes of a young LGB individual living in Norfolk today. Resources and posters about BLAH LGB Youth will be available and staff from Norfolk LGBT Project will be on hand to answer any questions.

IPM Garden Party at Pride without Prejudice. Bring your lunch (or get a takeway from House Café opposite) and relax in the gardens of St Margarets Church of Art

2PM Pride Art School at St Margarets "The Art of Blogging" with author Jack Scott www.perkingthepansies.com

3PM Talk: "Teach with Pride: How to Tackle Homophobia in our Schools" with Nick O'Brien NUT and LGBT activist, and Tony Fenwick. co-chair of Schools Out and LGBT History Month

EVENING Pride Parties across the city - check the map page for details of LGBT-run and LGBT-friendly venues





PRIDE DAY 2013

10AM-12PM

PRIDE OPENING

Welcome speeches and two hours of show tunes from Taverham Brass Band on Millennium Plain

IDAM-5PM DIGITAL PRIDE

"Norwich Pride: the Movie" and lots of interactive activities in Fusion, the Forum's Digital Gallery. Sponsored by Broadland Housing Group

10AM-5PM

PRIDE HOUSE

Installation of photography and art in the Forum Atrium celebrating five years of Norwich Pride

10.30AM-12PM

PRIDE STORY TIME

Storytelling and finger-puppetmaking about families in the Children's Library. Under 8s must be accompanied by an adult

PRIDE VILLAGE

Over 40 stalls inside and outside the Forum including local LGBT support groups, charities, health trusts, unions and crafts

10AM-5PM

PRIDE WITHOUT PREJUDICE Art of Norwich and Queer Art Club exhibition at St Margarets 12-2PM Church of Art

10AM-3.30PM

ST PETER MANCROFT CHURCH (opposite the Forum) Canon Peter Nokes writes

"We wish you a truly joyful occasion - please feel free to visit the church any time during the day"

11AM-1PM

PRIDE STREET DANCE

Free workshop for 12-19 year-olds at the Garage. Places must be booked in advance at www.thegarage.org.uk

12-1PM

PRIDE OUESTION TIME

An opportunity to pose questions to our expert panel which includes: Elly Barnes, the inspirational music teacher who topped the loS Pink List 2011; Mike Stonard, Chair of Norwich Pride 2013; and Guardian writer Jane Fae who writes on a range of topics from Trans issues to climate change. Chaired by Nick O'Brien

FUTURE RADIO LIVE

Future Radio is the official radio station for Norwich Pride. Breakfast Show presenter and Pride Live! producer Di Cunningham anchors an Outside Broadcast from the Forum. Music, quests and fun with the crowds

PRIDE PICNIC

Bring a picnic and relax in Chapelfield Gardens as we entertain you with music from the bandstand. Acts include: DGAS drummers. Norwich Ukulele Society, Kimberley Moore, Andrea Burdett, Ashley Inns, Red Flags and Sing with Pride. There's a 1 Billion Rising "Break the Chain" dance, football skills with "Show Racism the Red Card", Power-hooping with Mr dod, Mobile Library with LGBT books, East Furries in costumes and tails, and Candy the VW Photobooth. We've got a Kids Zone with birthday party fun, Shelly Teddy bubbles and Carnival Crafts. Please note: it is a public park so no alcohol is allowed.

2-3PM

PRIDE PARADE

The Pride Parade is the emotional highpoint of the day and not to be missed. This year it is guaranteed to be the biggest and the brightest yet as we've got Exeter Pride's 50 metre long Rainbow Flag and there's a competition for best costumes. David Bullock, the Norwich Town Crier and Councillor Keith Driver, the Lord Mayor of Norwich, will launch the Parade and then wave to us from City Hall which will be bedecked in the Pride Scarf. We'll be led by the Norwich Samba Band and their Class A, Swedish singer Jan dancers and you'll also find

3-5PM

PRIDE SHOW

This year we are delighted to bring you the Pride Show on the Wigwam Stage! It will look and sound fantastic on Millennium Plain outside the Forum and will provide the perfect showcase for some brilliant acts. We are thrilled that Ms Special K and Ms Krystal de Kanta are reforming the Killer Queens for one day only to host the show and that Raevennan Husbandes. winner of Future Radio's "Next Big Thing, will be performing. We've also got boy band George, classical cross-over artist Jaden Cornelius, Pride favourite Eileen Mascoll. strictly fabulous dancers Is That Allowed?! and V-sign's Vicky Moore performing Bohemian Rhapsody like you've never seen it before.

5PM-6PM

PRIDE LIVE LOUNGE

Sweet and sexy sauce from comic tunesmiths Fanny Jam and lip smacking queer calypso from The Mighty Phantom

EVENING EVENTS

There will be Pride Parties across the city. Check the map page for details of LGBT-run and LGBT-friendly venues. The Castle Pub's Pride Party includes Class A and Jan George from the Pride Show



Norwich Pride is for everyone and we welcome people of all ages and abilities. We aim to make each year's Pride more accessible and inclusive than the last. This year we have an Access Officer, Dean Simons, who has set up the Norwich Pride Access Group to consult with Pride-goers with access needs. Plans include:

- Specially trained access stewards in pink jackets
- Space at the front of the parade for disabled people and their supporters who would like to march together
- Enclosed Access Area for the Pride Show
- Help Desk at the Forum with information about venues, parking, accessible toilets etc
- British Sign Language (BSL) interpreters
- Loop system in the Curve
- Quiet rest area with comfortable seats on 2nd floor of library (please use lift at the back of library)
- Facebook and Twitter feed to follow the action at home
- Large print brochure available

For more information, details of blue badge parking, shopmobility, support groups: www.norwichpride.org.uk/ access

SUPPORT YOUR PRIDE

Norwich Pride is organised by creative and enthusiastic volunteers. We need your help to keep our central events free and accessible.

SHOP WITH PRIDE

Buy a range of rainbow goodies from the Pride Shop at the Forum from Monday 22nd July. On Pride Day you can also find the shop in Chapelfield Gardens and the Haymarket. You can print your own Pride t-shirts at the Forum with Print-to-the-People.

BUY RAFFLE TICKETS

£100 cash, a weekend in a Tipi, an overnight stay in a premier king room at Best Western Brook Hotel, dinner for two at Loch Fyne, Cinema City tickets, Chicken-for-a-year from Nandos, a dance lesson at Miller Dance Studio – some of the fantastic prizes in this year's Raffle. Tickets cost £1 each.

COLLECTION BUCKETS

The Norfolk Brawds will be skating round with buckets – please give generously.

DONATE ONLINE

Go to www.localgiving.com/ charity/norwichpride

OUR SUPPORTERS

forum



Norfolk County Council

@ your service



TerraNetwork

NOrfolk COmmunity FOundation













Brochure and logo design: www.mikejefferies.co.

FIND OUT MORE

www.norwichpride.org.uk facebook: norwichpride twitter: norwichpride

Pride Live! on Future Radio 107.8fm every Monday at 6.30pm. Followed by My Pride Life at 7.30pm.

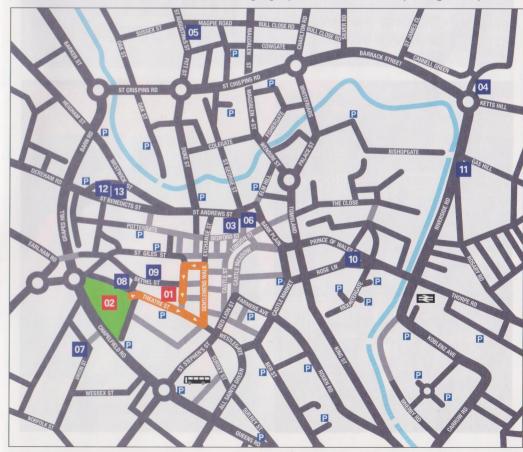
PRIDE EVENTS VENUES

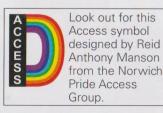
- The Forum,
 Millennium Plain,
 Café Bar Marzano
- 02 Chapelfield Gardens
- 03 Bridewell Museum*
- 04 The Castle Pub
- 05 Catherine Wheel Pub
- 06 Cinema City
- 07 Coach & Horses, Union St

- 08 The Garage
- 09 The Greenhouse
- 10 Loft NR1
- 11 Lollard's Pit Pub
- 12 Norwich Arts Centre
- 13 St Margarets Church of Art
- Pride Parade route

* 50p off tickets to the Bridewell Museum with this brochure. The museum tells the story of Norwich and its people and will feature a small display celebrating Norwich Pride during the Pride 5 Festival.

All information in this brochure is correct at the time of going to print. Check www.norwichpride.org.uk for updates.











Building a community in North Norfolk







Broadland Housing Group is an equal opportunities employer and we're pleased to have an opportunity to support Norwich Pride.

www.broadlandhousing.org

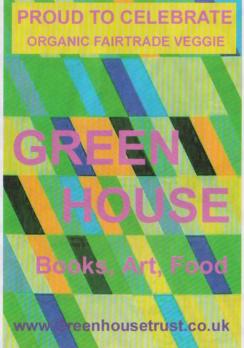














Celebrate the 5th Norwich Pride with a masquerade theme at

Coach and Horses Union St

"a pub where everyone is welcome" Norwich Evening News

Friday: Karaoke with Daaron, Saturday: Opening at 11am
Follow the stilts or balloon trail from Chapelfield Gardens to claim
your free vodka jelly (1 per person, while stocks last!)

Barbecue from 3pm (usual menu from Monday)
Live local music from 5 p.m. featuring T-Bone & the Horn and Noah Fenz
Fire show at 9 p.m. Ms Kitty at 9.30pm

Post-Pride Sunday carvery served 12-3, followed by Beach Party and don't forget we have Open Mic 1st Thursday of every month!

