



Pride Guide



photo credit @myforeverbox

The 15th Norwich Pride Saturday 29th July

City Centre March • Stalls in The Forum and in Chapelfield Gardens
Five Stages • Makers Market • Art Exhibition • Question Time • Street Entertainment

Norwich Pride is a free celebration of the LGBTQIA+ community, for everyone

NORWICH PUPPET THEATRE

NOW!

THAT'S WHAT I CALL...

DRAG!

NORWICH PRIDE EXTRAVAGANZA!

SATURDAY 29TH JULY

THE OFFICIAL POST-PRIDE CELEBRATION!

PACKED WITH LEGENDARY DRAG, LIP SYNCs, LIVE SINGING, GAMES AND CHAOS!

TICKETS £14.50 PLUS BOOKING FEE **THE PUPPET THEATRE** **DOORS 7.30PM**

AVAILABLE AT WEGOTTICKETS.COM

INSTAGRAM @NOWTHATSWHATICALLDRAG

THIS IS AN 18+ EVENT

Norwich Pride Official

Welcome to Norwich Pride 2023



It's hard to believe that we are 15 years old.

How have we got here? By the hard work, generosity, heart and talent of so many volunteers, working at all levels of the organisation. A big thank you to everyone who has been involved since day one.

Have our core values and beliefs stayed the same? Yes - our vision is to be impossible to miss, a rainbow that is part of the fabric of the city. Free, accessible and in the heart of the city. We don't want to be a Pride that you can fail to notice, camped outside the city, ticketed. That's not us. Our values have stayed the same as we've got bigger and been embraced by the whole city. We want people to join us for the day and then for the spirit of pride to remain throughout the year.

Is Pride still needed in 2023? If we didn't have Norwich Pride, we would need to create it now. We live in an often-troubled world, and it feels that hate is on the rise. Those of us that have privilege must recognise it and take action to support those that need it the most - in particular our trans and non-binary siblings under huge and unrelenting attack at the moment.

Have a great Pride but keep the energy, determination, solidarity and love visible throughout the year, it will be needed.

Nick (he/him).
Chair Of Trustees



CinemaCity

Norwich
Pride



NORWICH PRIDE PRESENTS

HEDWIG AND THE ANGRY INCH

+ PRE-FILM DRAG PERFORMANCE BY
KNUCKLESANDWICH

JULY 27 / TICKETS £8 / MEMBERS £5
FROM 8PM* / WWW.PICTUREHOUSES.COM
*FILM AT 8.45PM



15



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It started
as a protest -
and it still is....



PRIDE IS A PROTEST



As we get ready to raise our voices at the 15th Norwich Pride, Julie Bremner, Founder of Norwich Pride gives us a brief history of LGBTQIA+ protest.

The Roots of Pride Protest

The existence of LGBTQIA+ and people with gender variance is as old as humanity itself. We have existed across the world within all societies and cultures. There are examples from the indigenous people of North America to the Aztecs and Mayans where gender variance or same sex relations were universally accepted. However, the labels and identities we attach to such people, such as gay or lesbian, have been developed and become more common in recent history.

The concept of Pride and related events has also evolved more recently, and to understand its importance and significance and continued relevance we need to honour its roots in the uprising led by trans women of colour in 1969 after a police raid on a West Village gay bar in New York - The Stonewall Inn.

This was a watershed moment in LGBTQIA+ history. It took another three years until the UK's first Pride march was held in London on 1 July 1972. This date was chosen as the nearest Saturday to the anniversary

of Stonewall Riots.

The rights that have been won in some countries come against a backdrop of continuing high levels of homophobia and rising levels of transphobia. In over 50 countries, a conviction for homosexuality can get you a jail sentence up to life. In Norwich and across the UK we have seen far right groups mobilise and spread their hatred towards the LGBTQIA+ community and particularly drag story-time events. We will never tire of

mobilising and standing in opposition to the far right to support our wonderful drag community.

Global Pride - Unity is Strength

Pride events take place annually in many countries across the world. Over 1 million people attended London Pride in 2022, and the largest regional Prides such as Manchester and Brighton continue to attract hundreds of thousands. Across East Anglia many

@the_duke.drag photographed by @ineverynookandcorner





Pride events take place now and Norwich Pride tries to spread the word about these. We celebrate gains for the LGBTQIA+ movement, for example international progress in Cuba, Andorra and Slovenia as well as more directly by donating to equivalent Ukrainian organisations via the European Pride Organisation Association (EPOA) #StandWithUkraine campaign. We also commemorate and mourn victims of hatred, for example by working with key activists in the trans community to collectively stand against hate, such supporting the vigil following the tragic murder of Brianna Ghey.

Evolution of the Rainbow Flag

In 1978, San Francisco artist Gilbert Baker created a rainbow flag to meet the LGBTQIA+ community's need for an enduring symbol that could be used each year at the city's Pride march. The idea took off and rainbows have been used to represent the LGBTQIA+ community ever since. The flag has also evolved, and the Progress Pride flag was developed in 2018 by non-binary American artist and designer Daniel Quasar (who uses xe/xyr pronouns). Based on the iconic rainbow flag from 1978, the redesign celebrates the

diversity of the LGBTQIA+ community and calls for a more inclusive society. For Quasar, the light blue, pink and white stripes represent trans and non-binary individuals, and the brown and black ones represent marginalised People of Colour (POC) communities. The black stripe has a double meaning as it is also intended for "those living with AIDS and the stigma and prejudice surrounding them, and those who have been lost to the disease". More recently the yellow Intersex symbol has been added to the flag to ensure greater inclusivity.

Why Our History is Important

The 2021 Census results from households showed that Norwich has the highest number of bisexual people in England and

Wales. The overall levels of visibility of the LGBTQIA+ people in the census really heartened many people and made some feel less isolated. Norwich Pride has been supporting others to ensure that our history is conserved, for example by working with the local LGBTQIA+ History Group, and the Queer Norfolk Project that is digitalising history and ensuring it is accessible to all.

How You Can Help Create History - Be a Part of Norwich Pride

LGBTQIA+ politics is always evolving; it is never fixed.

Norwich Pride became a charity in 2019, to ensure that our structure and accounts are transparent. We are regulated by the Charity Commission and are accountable to deliver our charity objectives. While we recognise that LGBTQIA+ people have made gains in legal recognition and rights over the last 50 years in many countries, this

'progress' is uneven and is never linear. As we have seen in the UK, since the end of the discriminatory Section 28 legislation and the introduction of same sex marriage, attacks on trans rights have increased. The notion that trans rights are 'up for debate' will never be accepted by Norwich Pride. The struggle continues - join us to help create a more equal world.

NO PRIDE FOR SOME OF US WITHOUT EQUALITY FOR ALL OF US - Micah Bazant



Sashay along to...

BUNGAY PRIDE

15th July 1:30 - 4:30



Picnic, procession and entertainment!

Join  at the Bungay Castle Bailey

Pride in our people



We're delighted to be the main sponsor again this year. With proud roots in Norwich, we're committed to this fine city, and the people who live here, and we're thrilled to continue partnering with Norwich Pride.

Let's celebrate this fantastic day **together**.

Aviva Pride

Aviva Pride has been established for over 15 years and is fundamental in elevating and fairly representing the LGBTQ+ community within Aviva.

We're excited to create an inclusive workplace, where more trans, non-binary, and gender non-conforming, colleagues can thrive. And whilst this Pride march ends in Chapelfield Gardens, we'll continue working together on this journey.

At Aviva we recognise the strength in the diversity of our people and want our workforce to reflect the customers and communities we serve. We're eager to create a workplace where our people feel safe to be themselves, stand up for what they believe in, and speak up when challenged.

We strive to continue embedding gender inclusion into our people practices and customer propositions.

@avivaplac #avivapride



ART EXHIBITION

REVOLTING

NORWICH PRIDE EXHIBITION



In celebration of Norwich Pride's 15th anniversary, we want to honor how pride began... a protest.

When the Stonewall riots erupted in 1969, gay prides began popping up all over the US and Europe. Although now we think of pride as a celebration of the queer community, a time to come together and fly the flag for the LGBTQIA+ population, pride has and always should be revered as a protest. As Norwich Pride, we strive to continue our work in protecting the rights and lives of LGBTQIA+ people no matter their background, and to this day fight for queer revolution.

For Norwich Pride's annual exhibition, we chose the theme queer activism history with the title 'Revolting'. We asked artists to respond to this theme by looking to their queer history, community, and experiences relating to demonstrations, protests, and politics. This could be historic events such as Section 28, the AIDS crisis, and the marriage equality act. It could also be more recent events such as conversion therapy, 'the trans debate', and the increase in violent hate crimes.

As an exhibition highlighting marginalised experiences, we welcomed submissions from all members of the LGBTQIA+ community, especially those with intersecting identities such as

people of colour, disabled people, those identifying as transgender, nonbinary, and gender non-conforming, and those with lived experience of the historic events mentioned. We were to see submissions from artists using a range of materials including painting, photography, sculpture, printmaking, illustration, filmmaking, textiles, and performance art.

We're proud to announce our partnership with Queer Norfolk, a grassroots volunteer-led project based at Norfolk Heritage Centre which aims to hand ownership of queer collections back to communities and empower people to access, discover, and contribute to collections that reflect their shared histories. This partnership integrates historic objects such as protest signs, AIDS crisis memorabilia, and Section 28 ephemera. These objects are displayed amongst the artworks to bring context and remind us of the roots that came from the activist work of generations before us.

We are very grateful to The Assembly House, and The Assembly House Trust for hosting the exhibition, and to Norwich University of the Arts for their incredible support.

The exhibition is open from Monday 24th - Saturday 29th July.



Join us in The Gallery at The Forum for our annual **Natasha Curson Memorial Trans Talk**, chaired by Andrew Copeman, starting at 10.15.

Following on from the talk will be **Question Time** at 11.00am, chaired by Lee Brown.

The talk will be given by Edalia Day and Lisa McIntyre, and entitled **Fighting for Trans Safety, Rights and Liberation - Then and Now**.

The Question Time Panellists will discuss a range of topics affecting the LGBTQIA+ community.



Edalia Day
Trans spoken word artist, animator and theatre maker.

Lisa McIntyre
Trans and disability rights activist, and a trustee of Norwich Pride



Dr Catherine Lee MBE
Professor of Inclusive Education and Leadership, author of Pretended.



Charlie Caine
Trans rights activist and musical director of Sing with Pride and The Common Lot.



Jonathan Blake
LGBT+ rights activist, founder member of Lesbians and Gays Support the miners.



Jumara Stone
Trustee of Norwich Pride, CEO University of Suffolk SU, baker.

Let's

TALK!

Norwich Pride Fun Run 2023

Sunday 30th July

5km (Over 11), 2km (U16)
or 100m (U7)



Take a STRIDE for PRIDE

Location: Hewett Academy, Norwich, NR1 2PL
An official fundraising event for Norwich Pride.
It's going to be fun, colourful and fabulous.

Race Entry:

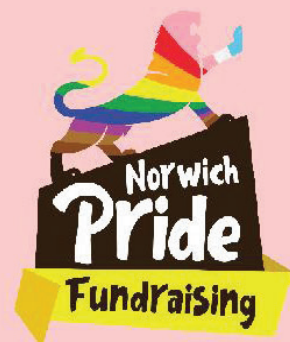
5km (Over 11's): £10 (or £60 for a team of 6 - one for each colour of the Pride rainbow).
10.30am start.

2km (U16's): £3.50. **9.45am start.**

100m dash (U7's): £3.50. **10.15am start.**

Complete virtually (medal sent in the post): £6.

All entries include a bespoke race medal.



ENTER HERE:

www.totalracetiming.co.uk/race/435

Drawers

written by Josi R., edited by Alina Burwitz

I am living my best life: my authentic obnoxious queer kid self. You've got a problem with that; ask me why I have to be SO gay. Bundle me up into neat categorised drawers with your questions, try to fold my loudness away. But which one will you stuff me into?

Top left with the socks? All neatly folded into pairs, the kept-quiet gays. The ones you don't have to ask about anything, not their partner, not their pain. Never have to ask socks how they are before pulling them up to say, "I'm not homophobic, I have a gay friend."

Top right with the bras? Bras. Relevant to a lot of people but we've decided to hide them away and pretend they don't exist. Is my identity a taboo item in your wardrobe?

What about the drawer of forgotten favourites? With the old barista uniform and holey socks? You



bend and twist our limbs to make us fit, but we won't. We are the pebble in your shoe. We are the bra strap that keeps poking out. We are that amazing shirt that just isn't your colour. We are reclaiming our names, our intimacies, our pictures and our history. So, I'll shout my queerness from the rooftops because finding a community was like coming home for the first time and we deserve to be out here. You can't stuff me down the back of an old, dusty chest of drawers. The closet was barely big enough for me.

THE ASSEMBLY HOUSE:
**PROUD
SUPPORTER
OF NORWICH
PRIDE**



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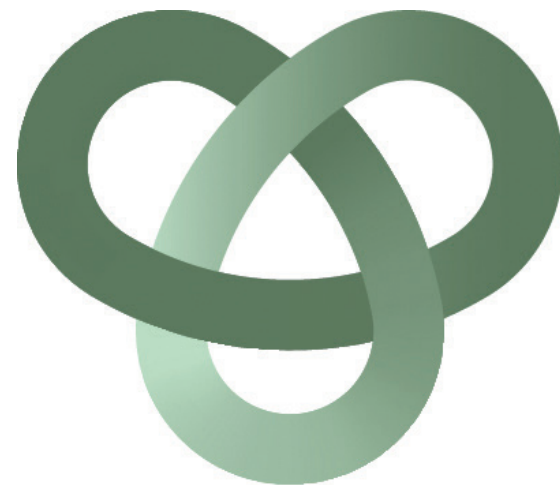
THE MARCH ROUTE

The Pride March will leave City Hall at 1pm. We will have our giant Trans and Rainbow Pride flags with us, the route is -

- Starting at City Hall
- Down to Gaol Hill, passing The Guildhall
- Onto Exchange Street (Take a short cut here to London Street to avoid the cobbles on Bedford Street if preferred)
- Along Bedford Street
- Onto London Street
- Along to Davey Place
- Turn left onto Gentleman's Walk
- Go past the Haymarket
- Out onto Theatre Street
- Into Chapelfield Gardens



Thank you to all our sponsors and supporters. A special thanks to Big Yellow for their year round support of Norwich Pride with a free storage unit, and to Norwich Freeman's Charity for their supporting grant.



NORWICH
FREEMEN'S
CHARITY

M		R	E	
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Get some space in your life.



20

THE PRIDE BALL

FRIDAY 28TH JULY 2023

HOSTED BY LIV



Norwich
Arts
Centre.

WWW.NORWICHARTSCENTRE.CO.UK

Liv
presents



Artwork by Sophie Cane
MA Communication Design Graduate

Providing early intervention and prevention support to all age groups so we can help empower individuals to improve their mental and emotional wellbeing and to reduce social isolation of LGBT+ individuals living in Norfolk and Waveney.

We also offer LGBTQ+ CPD Awareness Training & Gender Identity Training to professionals.

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Join us!

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all skill levels accepted.

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Hamlet Centre,
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7pm-9pm Thursdays

singwithpride.org.uk

info@singwithpride.org.uk

WITH THANKS TO A COPEMAN FOR
THE GRAPHIC DESIGN

Pride Day!

Key

There is so much going on this year, use this handy map to make sure you see all of it! Full running orders for all the stages and activities are on pages 26 and 27.

Inside The Forum

The Community Hub Stalls in The Atrium all day
In The Gallery in the morning - The Natasha Curson Memorial Trans Talk. Hosted by Andrew Copeman, and Question Time Chaired by Lee Brown.
In The Gallery in the afternoon - The Harvey Milk Live Lounge. Acoustic Music Hosted by Kimberley Moore

On Millennium Plain

An early morning Zumba Warm-Up Hosted by Yendell's of North Walsham
In the afternoon - The Alan Turing Community Stage Hosted by Miss Frou Frou.

City Hall

With speeches just before we head off, we leave City Hall at 1pm will march through the streets of Norwich towards Chapelfield Gardens. The March route is on pages 18 and 19.

Theatre Street

The Gilbert Baker Pride Bus, featuring an immersive drag cabaret and spoken word performances.

Chantry Car Park

The Norwich Pride Makers Market – Predominantly LGBTQIA+ makers and Artist selling their creations.

The Assembly House

'Revolting' The Norwich Pride Art Exhibition, with submissions from

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the LGBTQIA+ community on the theme of Protest. See pages 12 and 13 for more information.

Chapelfield Gardens
Stalls and Street Food all day

The Marsha P Johnson Main Stage
The morning session is hosted by Liv, the afternoon session hosted by Alexa Darling, Will Power and Knuckle Sandwich

The Norwich Pride Bar and the Frida Kahlo 18+ Stage.
A DJ session during the day, with an early evening cabaret session hosted by Shar Cooterie

- A The Forum
- 1 The Atrium – Stalls
- 2 The Gallery AM – The Natasha Curson Memorial Trans Talk and Question Time
- 3 The Gallery PM – The Harvey Milk Live Lounge
- B Millennium Plain – The Alan Turing Community Stage
- C City Hall – The start of the March.
- D The Gilbert Baker Pride Bus
- E Chantry Car Park – The Norwich Pride Makers Market
- F The Assembly House – Revolting Art Exhibition
- G The Norwich Wellbeing Centre – A Quiet Space for anyone who needs it
- H The Main Entrances and Exits to Chapelfield Gardens
- I Toilets
- J The 18+ Bar Area and The Frida Kahlo DJ and Cabaret Stage
- K Stalls and Street Food
- L The Marsha P Johnson Main Stage



Inside The Forum

The Community Hub in The Atrium 10.00am to 5.00pm

Local grass-roots community groups, charities, organisations and businesses focused on providing support and information for LGBTQIA+ people.

In The Gallery

The Natasha Curson Memorial Trans Talk. Hosted by Andrew Copeman. 10.15 – 10.45

'Fighting for Trans Safety, Rights and Liberation - Then and Now' – A talk given by Edalia Day and Lisa McIntyre.

Question Time Chaired by Lee Brown. 11.00am to 12.00 noon

Panellists discuss topical issues affecting the LGBTQIA+ community.

The Harvey Milk Live Lounge. Acoustic Music Hosted by Kimberley Moore 2.00pm to 6.00pm

- 14:10 - Caffine
- 14:45 - Sing with Pride
- 15:20 - Miss Lisa Jane
- 16:00 - Hammeta
- 16:30 - Kimberley Moore
- 17:15 - Max Dobson

On Millennium Plain

Norwich Pride Zumba Warm-Up Hosted by Yendell's of North Walsham 10.00am to 12.00 noon

The Alan Turing Community Stage Hosted by Miss Frou Frou. 2.30pm to 5.00pm

- 14:40 - Broadway Bella's
- 15:05 - Sam Moanella
- 15:15 - Lily Bouquet
- 15:25 - Sodapop
- 15:35 - Angel Deville
- 15:55 - Destiny Collin
- 16:00 - Miss Frou Frou
- 16:10 - Ukulele Simon
- 16:50 - Miss Frou Frou

On and Around Theatre Street

Roads are closed from 9am until 6pm

Pop up entertainment along theatre street between 10am-5pm

The Norwich Pride Makers Market on Chantry Car Park

- 10.00 am to 5.00pm – Arts and Crafts stalls and facepainting.

The Art of Protest – The Assembly House

- 10.00am to 5.00pm – The Norwich Pride Art Exhibition, with submissions from the LGBTQIA+ community on the theme of Protest. See page 12 for details.

The Gilbert Baker Pride Bus – Parked on Theatre Street 10.15am to 11.30am and 2.00pm to 5.30pm

- 10.30am to 11.30am - JESTATION: An Immersive Drag Cabaret
- 2.00pm to 3.30pm – Spoken Word Session One
 - o 14:15 - Izzy Jarvis
 - o 14:50 - Edalia Day
 - o 15:15 - Rowan Anderson
- 3.35pm to 4.40pm – Spoken Word Session Two
 - o 15:35 - Alex Curry
 - o 16:00 - Jenny Knight
 - o 16:20 - Josi R
- 4.40pm to 5.00 - Dandy Darling and Company
- 5.30pm - Pfizer Manelli presents Panto on The Bus

Performances on the Gilbert Baker Pride Bus are strictly ticketed – All tickets are free – pre-order yours via the Norwich Pride linktree on social media. Book early to avoid disappointment!

THE MARCH - Leaving City Hall at 1pm, we will march through the streets of Norwich towards the Main Stage in Chapelfield Gardens.

Gather from 12.30 to hear speeches from City Hall balcony just before we set off.

In Chapelfield Gardens Festival Hub

Stalls and Street Food - 10 am to 6pm

The Norwich Pride Bar – Drinks served from 11.00am. Last orders 7.00pm, close at 8.00pm. 18+ only

The Marsha P Johnson Main Stage 10.00am to 12.00 noon, and 2.00pm to 6.00pm

Morning Session Hosted by Liv – 10.00am to 12.00 noon

- 10:05 - The Haus of Brat
- 10:35 - Isla White
- 10:45 - Passion Productions
- 11:00 - Dandy Darling
- 11:05 - Liv
- 11:15 - Knuckle Sandwich
- 11:40 - CeCe X

Afternoon Session Hosted by Alexa Darling, Will Power and Knuckle Sandwich – 2.00pm to 6.00pm

- 14:05 - Haus of Darling
- 14:30 – Poet Josi R performs 'Drawers'.
- 14:50 - Reno & Rome
- 15:20 - Now That's What I Call Drag!
- 16:00 - Lincoln Skins
- 16:30 - Now That's What I Call Drag!
- 17:10 - Just May
- 17:35 - Queer-E-Oke (Sadie MasoKisst, Will Power & Alexa Darling)

The Frida Kahlo 18+ Stage –

11.00am to 8.00pm
In the bar area

DJ Session 11.00am to 6.00pm

- 11:00 - Honeypot
- 12:00 - Stripped Sets Takeover
- 13:00 - Empressure
- 15:00 - Boogle
- 16:00 - Bushbby
- 17:00 - NGAIO

Cabaret Session Hosted By Shar Cooterie 6.00pm to 7.30pm

- 18:05 - Tori Mckew
- 18:30 – Dom One
- 18:55 - Sir Hugh Mungus
- 19:05 - Shar Cooterie

PRIDE DAY

There is so much going on this year, use this guide to help you make the most of it!



Will Power



Alexa Darling



Zoe Promiscuous



Sadie Masokisst



Dom One



Miss Frou Frou



Stealia Jobs

The Performers



Just May



Jester Mirage



Pfizer Manelli



Dandy Darling



Knuckle Sandwich



Liv



Bushbby



Ukuele Simon



Sodapop



Reno & Rome



CeCe X



Passion Productions



Sir Hugh Mungus



Bigg Taystee



Isla White



Honey Pot



Lily Bouquet



Ngaio



Sam Moanella



Tori McKew



Kimberley Moore



Angel Deville



ACCESSIBILITY AT



Norwich Pride is for everyone. We aim to be as accessible as we can be, and strive to learn new ways to be more accessible and inclusive.

Here are some of the things we have arranged for Norwich Pride 2023.

For more details on our accessibility measures check our website.

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- We employ BSL (British Sign Language) signers for key speeches and the main stage show.
- Easy Read information about Pride has been created by Deb Rowles our Secretary (who is Easy Read trained) and our Learning Disability Champion Hayley Burwood



- All our Pride Makers and volunteers receive Disability Awareness training.
- We have designated safer spaces on the Pride March for disabled people.
- There is a designated viewing space for the March on the balcony of the Theatre Royal Norwich
- There are points along the route where you can leave the March early for any reason.
- There is a short cut in the March to avoid a cobbled street.

- The Pride Guide is printed in a dyslexic friendly typeface, and we have a number of large-print copies of the guide available in The Atrium on Pride Day.
- There is an online version of the Pride Guide for people unable to physically get one from a stockist in the city.
- We livestream key elements of the event, including Question Time and the Main Stage afternoon show, giving global access to Norwich Pride.

- We reserve an accessible space in front of the stage for the Pride Show.
- Three 'Quiet Spaces' available all day for respite from the crowds -
 - o The second floor of the Millennium Library in the Forum
 - o The Norwich Wellbeing Centre opposite Chapelfield Gardens
 - o 'The Rest' at Churchman House
- We provide fully accessible toilets in the Makers Market
- We provide free face masks for anyone wanting to wear one while using the inside spaces of Norwich Pride – The Forum, The Assembly House, and The Gilbert Baker Pride Bus

- An Access advisory group headed up by our access Champion, Francis Chennell who we consult with to ensure we are as accessible as possible.

Norwich Pride would like to thank Inclusive Norwich for meeting with us prior to Pride to review our accessibility measures and for their help in improving them.

When you attend Pride, if you see something we can do better please use the Post Pride Survey to constructively tell us what you think – we are always ready to listen and to make adaptations where we can.

The survey will be out in the weeks after Pride. Keep a look out for it on social media.



PRIDE

33



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www.ageuknorwich.org.uk

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FOR NORWICH PRIDE 2023

07831-962-770

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EVENTS






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NR2 4AG
www.sinsins.com

Sinsins
Boutique of Love



Norwich Theatre is a proud supporter of Norwich Pride 2023.

The power of theatre is that it can offer a safe environment in which to explore important themes that matter to you. As a Theatre of Sanctuary, we provide a warm welcome to everyone and support those voices and stories that need to be told.

Norwich Theatre

01603 630 000
norwichtheatre.org



YOUR FRIENDLY LGBTQIA+ EVENING & LATE NIGHT VENUE

OPEN THURS
5 PM TIL 12

FRIDAY & SAT

5 PM TIL 3AM

SUNDAY

3 PM TIL LATE

DRAGAOKE EVERY FRIDAY, CABARET
DRAG BINGO, DRAG QUIZ,
CARDS AGAINST HUMANITY NIGHT

MONTHLY EVENTS

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61 ST AUGUSTINES ST, NR3 3BG

PRIDE 2023 @ THE CASTLE

2PM - LATE

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ALL DAY

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PRIDE 2023 @ LOLLARDS PIT

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12 MID-DAY

OUTSIDE BAR

EXCLUSIVE OFFERS

BBQ IN THE BEER GARDEN

SUNDAY - PRIDE BINGO

FROM 6PM

69-71 RIVERSIDE ROAD - NORWICH - NR1 1SR

LOLLARDS PIT



FREEHOUSE

PRIDE 2023 @ LOFT NR1

10PM - 5:30AM
LAST ENTRY 3:30AM

MUSIC BY:

DJ SAM KELLY

ENTRY £3 BEFORE 11PM / £5 AFTER

OR FREE ENTRY WITH CASTLE HAND STAMP

80 ROSE LANE - NORWICH | STRICTLY 18+ | ID REQUIRED

www.loftnr1.co.uk



PRIDE INSPIRED!

The amazing LGBTQIA+ community has delivered an exciting variety of events to get you in the mood for Pride, we are totally spoilt for choice – See you there!

Saturday 15th July - Coastal Queer Heritage. Cromer Museum (meet by front desk) 12.30pm - 2.00pm

A short talk on queer life on the coast hosted by Queer Norfolk, followed by a self-led LGBTQIA+ tour of Cromer Museum. The talk is free with museum admission (£4.80, payable on the day). Wheelchair accessible. Booking essential: queernorfolk.com/pride23

Saturday 22nd July – Plough Pride Party – The Plough on St Benedicts St. 3.00pm to 10.00pm

An all-day garden party with live music featuring local queer artists. This is a free event to raise funds for Norwich Pride. Under 18s are allowed until 7pm

Sunday 23rd July - Bisexual Men Exist – A Handbook for Bisexual, Pansexual and M-Spec Men. Q & A with author Vaneet Mehta - The Yard 1 Red Lion Street, Norwich NR1 3TB 6.00pm to 8.00pm

Vaneet Mehta (He/Him) is an Indian bisexual man born and raised in Southall, West London.



He is a writer and public speaker and the founder of #BisexualMenExist, which went viral in 2020. He has written for Men's Health, Stonewall, GMFA, Metro UK, OutLife and Unicorn Magazine and his work has been published in The Bi-ble: New Testimonials, The Ampersand Project, and The Sex Agenda.

Monday 24th July - LGBTQ+ Coffee and Cake - Martineau Hall (Octagon Unitarian Chapel), Colegate - 7pm-9pm

Held on the 4th Monday of each month. Open to all those 18+ in the LGBTQIA+ community, and their allies. This is an alcohol-free event to ensure a relaxed and welcoming environment for all. We have 4 all-gender individual user toilets, including one that is wheelchair accessible.

Tuesday 25th July - Dance Along Cabaret - Norwich Arts Centre – 7.00pm

Dance Along events are a participatory, cinematic experience offering people the opportunity to step into the movies and dance along with icons from the silver screen. For this occasion, it will be the iconic film Cabaret. At 7.00pm there will be an inclusive dance class, and at 8.00pm an interactive showing of the Oscar-winning film Cabaret. The bar opens at 6.30pm. Pay What You Can Afford £6.50 - £12.50.

Thursday 27th July - Bi Icons Art Show Open View - Anteros Arts Foundation – 6.00pm to 8.00pm

Ali Marron, a Queer artist based in Norwich showcases portraits of iconic Bi+ people who inspire her, created in collage using postage stamps.

Thursday 27th July - Hedwig and The Angry Inch, with pre-film entertainment by Knuckle Sandwich - Cinema City – 8.00pm (Film starts at 8.45pm)

Based on the trailblazing musical from writer-director-star John Cameron Mitchell and composer lyricist Stephen Trask, HEDWIG AND THE ANGRY INCH tells Hedwig's life through her music, an eclectic assortment of original punk anthems and power ballads a tribute to the transcendent power of rock and roll.



Thursday 27th July 2023 - 'Real Boy': Screening and Book Launch – Vernon Castle Room, Norfolk and Norwich Millennium Library, The Forum 5.00pm to 6.30pm

Watch the UEA Drama Studio performance of 'Real Boy' on screen. After moving to a new school, a gender-questioning teenager must stand against bullies, friends, and his own mother to thrive as a trans boy. "A gem of trans joy in this increasingly transphobic landscape" - Jesse Smith, Trans Writes

Content warnings: transphobia, conversion therapy, detransition, drugging, drug abuse.

Tickets £4 per person bookable via Eventbrite or on the door, cash or card accepted.



Thursday 27th July - Maisie - Film Screening - Norwich Puppet Theatre - 7.30pm

Old age can be a drag! An intimate portrait of ageing and friendship as Maisie Trollette, Britain's Oldest Performing Drag Artiste, prepares for his 85th birthday celebrations and navigates the challenges of a recent diagnosis. A film screening followed by a live Q&A with Miss Jason and Lee Cooper, then a Cabaret with Miss Jason. Tickets - £12.



Friday 28th July - Norwich Queer History Walk. Meet outside The Forum. 10.00am – 12.00pm

A walk around Norwich City Centre with a pre-recorded audio guide with Queer Norfolk, exploring LGBTQIA+ history in the built environment. Optional workshop in the afternoon. You must bring a phone with an internet connection and headphones. Wheelchair accessible.

Friday 28th July - Norwich Queer Atlas. Norfolk Heritage Centre (2nd floor in Norwich Millennium Library) 2pm-3.30pm

Create a page for Queer Norfolk's 'Norwich Queer Atlas' about your favourite Norwich LGBTQIA+ space past or present. You may wish to attend the Norwich Queer History Walk too, for inspiration! All materials provided. Wheelchair accessible.

Friday 28th July - Snap! Drag on! Pride Show – B2 venue at the Brickmakers – 7.30pm

A Pride themed cabaret and burlesque show. Tickets £10



Friday 28th July - Clementine's Camp Cabaret - Norwich Puppet Theatre - 7.30pm

Clementine sings from the American song book and pays tribute to classic camp Divas - Bassey, Kylie, Madonna, Cher and even Doris Day. Featuring hilarious live puppetry and fabulous films. Tickets - £12/£10 student



Saturday 29th July - 'Revolting' Badge Making - Outside Millennium Library - 9.00am - 2.00pm

Make a protest badge inspired by the 'Revolting' exhibition at The Assembly House and protest badges in the Queer Norfolk collection. Wheelchair accessible.

Saturday 29th July - Drag Brunch 2023 – Norwich Theatre - 10.00am to 12.00pm

The Norwich Theatre Drag Brunch will return to Prelude restaurant. Serving a selection of delicious brunch dishes and cocktails suitable for the occasion and entertainment. Dress to impress and start your Pride with a bang! Book your table here- <https://norwichtheatre.org/your-visit/eatanddrink/>



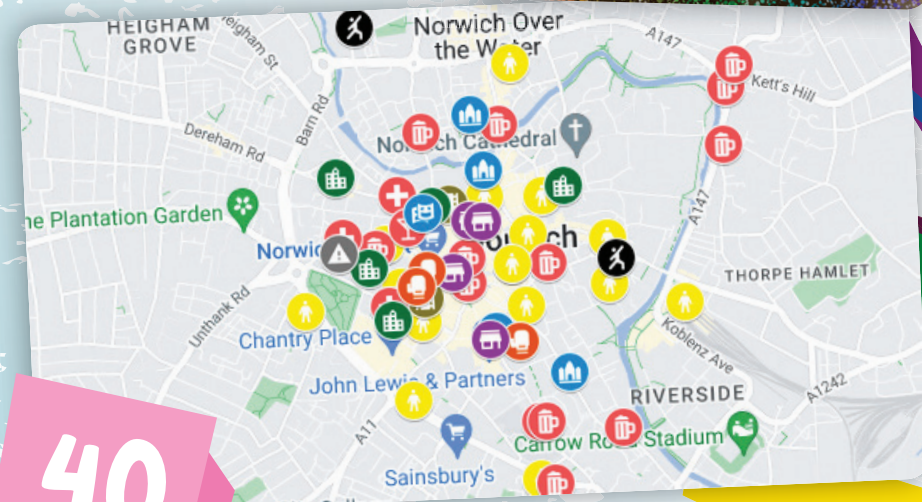
Saturday 29th July – Now That's What I Call Drag – Norwich Pride's Official Post-Pride Drag Event. Norwich Puppet Theatre. 7.30pm.

Hosted by Will Power and Knuckle Sandwich. Shantay this way for a drag extravaganza showcasing the finest stars on the scene. Expect legendary lip syncs, live vocals, camp comedy and audience games. Tickets £14.50 plus £1.50 booking fee via Eventbrite. Over 18s only.



Sunday 30th July – Epic Norfolk Fun Run – Hewett Academy, NR1 2PL – From 9.45am

An official fundraising event for Norwich Pride, the main run is a 5K for over 11s starting at 10.30am – tickets £10 each. 2K for under 16s starting at 9.45am – Tickets £3.50. 100m dash for the under 7s starting at 10.15am – Tickets £3.50 Virtual Race – Tickets £6.00. All race entries include a bespoke medal. Enter at www.totalracetiming.co.uk/race/435



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Proud to support Norwich Pride 2023

Volunteer For Norwich Pride – Be a Pride Maker!

Our mission is to ensure we live in a city where everyone can feel safe and able to be themselves.

Can you donate some time on Pride Day to help us turn Norwich into a rainbow?

Why not get involved?

Have a brilliant day out, while making a difference to the LGBTQIA+ community of Norwich.

It takes a team of around 150 Pride Makers to make Norwich Pride happen each year. We have a wide range of roles to offer volunteers - there really is something for everyone, no matter your skill set, or ability.

Whether you can volunteer for the full day, or just a few hours, it is a rewarding and enjoyable thing to do, and helps make the day a success.

To sign up go to www.norwichpride.org.uk and click on the 'Get Involved' tab. For questions about volunteering get in touch at volunteer@norwichpride.org.uk

Some of the roles you can volunteer for include -

Senior Stewards

Help Norwich Pride be a safer space for Pride Goers.

Manage a team of stewards in a particular area.

Ensure your team knows what to do throughout their shift.



Make sure everyone gets breaks and refreshments. Report hazards and issues to the senior team leaders, or to the police.

Stewards

Help Norwich Pride be a safer space for Pride Goers. Guide people around the March.

Hand out event flyers so people know about all the great things happening. Report hazards and issues to the senior stewards, or to the police.

Access Supporters

Help Norwich Pride be a safer space for Pride Goers with access needs.

Help set up and maintain the designated quiet areas. Help people find and use the access resources.



Wellbeing Buddies

Work with the Wellbeing Champion to make sure volunteers get refreshments and support.

Ensure that the Volunteers HQ is well-stocked with food and drink.

Be available at the Wellbeing Centre for anyone in need. Direct people to the Wellbeing facilities and activities as needed.

Pride Shop Assistants

Set up and sell merchandise in the Pride Shop. Be friendly with Pride-goers so they have a good shopping experience. Handle cash safely. Help Pride goers understand the meanings of the various flags and badges on sale.

Social Media Reporters

Bring Norwich Pride to life online, with photos and livestreams all day, on all platforms.

Work with the Communications team to share events and stories.



Create content for us to reflect every aspect of the day.

Stagehands

Work with the Stage Managers to ensure the shows run smoothly.

Ensure performers are in the right place at the right time. Ensure performers are looked after.

Stage Ushers

Help Pride goers enter and leave performance areas safely.

Show people to their seats. Answer questions about performance running orders.

Litter Pickers

If you're environmentally conscious this could be the job for you. A pair of gloves, litter picker and a bag and you're good to go! You'll be making sure Norwich Pride leaves nothing behind except great memories.

Every year we have a training day before Pride, and a thank you party afterwards.



Organ
Donation

Saving lives with pride

Pollyanna's story

"My mum Jennie collapsed suddenly in 2017. I arrived at A&E to be told the worst news, mum had suffered a cerebral haemorrhage and it was very unlikely that she would recover with any quality of life.

"My Mum was fiercely independent and loved to have fun – I knew I had to let her go. I remembered that mum had carried a donor card, so it was easy for me to say yes to organ donation.

"I was given plenty of time to say goodbye; handprints and a lock of her hair were given to me.

"I was thrilled to find out that a gentleman in his 50s received a kidney, as did a lady in her 60s. Mum also donated heart and eye tissue.

"It gives me comfort to think that my worst day was someone else's best."



Pollyanna's mum, Jennie

It only takes two minutes to join the NHS Organ Donor Register and each donor could save or improve up to nine lives.



Currently over 7000 people are actively waiting for an organ transplant across the UK, just like Tim was.



Tim

Tim's story

"At the age of 15 tests revealed I had the signs of early chronic kidney failure.

"By 25, my results were showing that I needed to start dialysis. I was also placed on the organ transplant waiting list.

"A month before my 30th birthday, I got the call I was waiting for, a suitable donor organ had been found! I was soon back at home, incredibly thankful for the amazing gift.

"Seven years later I needed to be put back onto dialysis. I needed another kidney transplant. Around nine months later I got a call to say that, again, an organ had come up which would suit me.

"So, I sit here now with a perfectly functioning second kidney transplant! I am so thankful for everything I have.

"It has absolutely been the ultimate gift."

To join the NHS Organ Donor Register visit organdonation.nhs.uk, call 0300 123 23 23 or register your decision via the NHS app.



Yes I donate
ORGAN DONATION



Independent East supports workplaces & communities
where everyone can be themselves &
#FLOURISH!



Unite
supports

Norwich
Pride

Saturday 29th July 2023

Supported by Unite Norwich Medical Branch
www.unitetheunion.org

SEE SOMETHING HEAR SOMETHING SAY SOMETHING



Safeguarding adults is:

- Preventing the physical, emotional, sexual, psychological and financial abuse of adults who have care and support needs
- Safeguarding can also include neglect, domestic violence, modern slavery, organisational or discriminatory abuse
- Acting quickly when abuse is suspected

Everyone has the right to live their life free from abuse and harm – you may be able to get support, or help a friend or family member to access support, by calling Norfolk County Council Adult Social Care on **0344 800 8020** - in an emergency call **Police on 999**

For more information visit
www.norfolksafeguardingadultsboard.info



NSAB is proud to
support Norwich Pride

think someone is using the wrong bathroom?



respect their privacy,
respect their identity,
carry on with your day!



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**We see you.
We hear you.
We support you.**

Celebrating you with Pride.